



Victoria Falls to Cape Town
20 days | Camping

Information guidelines

All information provided in this document is subject to change without prior notice. Please ensure that you have received the latest version of this dossier as we are continually striving to improve the standards and quality of our tours and itineraries are subject to change. Travel times and campsites can change depending on road or weather conditions, or any unforeseen circumstances. These are used as a guideline only. On our longer tours it is possible that your crew, truck and fellow travellers will change due to our unique tour linking system.

Partaking in an adventure tour in Africa involves covering hundreds if not thousands of kilometers in a truck, and our tours are as much about this journey as they are about the destinations we visit. Use your time in the truck to talk to your fellow travellers, play card games, have a drink, walk around, take note of the world passing by your window and make the most of this unique opportunity to step out of your comfort zone.

Some roads you travel on will be smooth and easy while others could take up to an hour to cover one kilometer. There is just no telling what could happen with road, weather, traffic and other conditions that may exist that will either increase or decrease the amount of time you spend on the road so take your watch off, put your iPad away, turn off your phone and just relax. An average day could take anything from 5 to 14 hours in the truck, it all depends on the day... and that's only an "average".

Did you receive your Pre Departure Information Booklet?

If not, please contact us and we will e-mail it to you - alternatively you can also download the document from our website at www.CheapAfricaTours.com or www.GoedkopeAfrikaReizen.nl

About this tour

Departure Point

This tour departs at 7.00 am from Victoria Falls Rainbow Hotel – 278 Parkway Drive, Victoria Falls, Zimbabwe. Tel: + 263 13 44583 / 42213-4.

<http://www.victoria-falls-rainbow-hotel.com>

Please ensure you arrive at the departure point **at least 30 minutes before** the scheduled departure time.

End Point

40onBurg (name of the hotel), 40 Burg Street, Cape Town, South Africa.
Tel: +27 (0)21 426 4338, www.40onburg.co.za

Countries Visited

Zimbabwe, Botswana, Namibia, South Africa.

What's included

All meals which are prepared and served at the overland truck / accommodation / qualified crew / filtered water / transport in the overland truck / included highlights as per the itinerary / entrance fees to National Parks.

What's excluded

All items of a personal nature, alcohol, soft drinks, snacks, souvenirs, tips entrance fees associated with optional activities and optional activities (see list for an indication of prices).

Vehicle

Overland Truck

Climate

The African sun is very strong. Please use a factor 30 sunscreen and wear a hat. You should drink at least 3 litres of water per day to avoid dehydration. It can also get very cold during winter months on this route. Please see Pre Departure Booklet for detailed information.

Pre and Post Tour Accommodation

If you require accommodation before or after your tour we can arrange this for you. We can also arrange airport transfers. For more information, have a look on our website under "Hotels and Transfers"

Arrival/ Departure

Please be sure to arrive at least 1 day before your tour is due to depart. This will help avoid any unforeseen problems. We also highly recommend that you book your flights to depart at least one day after the tour officially ends.

I Want More

This tour will give you a good taste of what Southern Africa has in store for you. However, you can extend your adventure by adding more tour options... such as our 20 day South African Explorer (North) departing from Cape Town... or the shorter 7 - 15 day sections thereof...

Insurance (Compulsory)

All clients require adequate Medical Insurance. Activity providers can refuse participation of activities, if the correct valid Medical Insurance is not provided.

Currency and Banking

As your tour may pass through multiple countries, we have prepared information on the use of local and foreign currencies, ATMs and Credit Cards for each country. This information is available on our website under FAQ (frequently asked questions).

Health

Please inform us of any pre-existing conditions such as diabetes or asthma and any prescription medicine you may be taking. We also need to know about any food allergies or physical disabilities that you may have.

Vaccinations

A Yellow Fever Certificate might be required for this tour depending on your nationality. Please see the Pre-Departure Information booklet for detailed information on vaccinations in Africa.

Visas

As visa requirements vary considerably from country to country and nationality to nationality, please contact the various embassies or a visa service agent in your home country to re-check your visa requirements at least 4 weeks prior to travelling. Please note that visas are the responsibility of the traveller and that ShapShap Travel and its partners will not be held responsible for guests being denied entry should they not be in the possession of the relevant visas.

All travellers must be in possession of a valid onward/return air ticket or proof of other means of transport enabling the traveller to leave the country in which your adventure tour passes or terminates. You should also have proof of sufficient funds (e.g. credit card) to see you through your time in the country. Should the adventure tour you are joining be re-entering a country, be sure to have a multiple entry visa that enables you to re-enter the country.

In some cases visas are available on entry into a country and may be cheaper to do so, however for peace of mind and to speed up the border crossing process, ShapShap Travel will always advise you to get your visas prior to your trip if possible.

Accommodation providers

Accommodation providers are subject to change without notice, the accommodation listed in this dossier is our preferred supplier, but sometimes due to availability, we are unable to make use of the property listed in this dossier. If we cannot use the accommodation provider as listed we will substitute another property of similar standards, however, en-suite facilities are not always guaranteed.

* Okavango Delta Excursion Upgrade - Accommodated

Included in the tour price is a full day excursion into the Okavango Delta. A 2-night package is available for purchase, should you wish to spend 2 nights in the Okavango Delta. A minimum number of 2 guests is required in order for the 2-night excursion to operate.

2-Night Excursion per person sharing: R15 460 per person

* Detailed description of the Okavango excursion can be found after the itinerary

Detailed itinerary

Day 1 - Victoria Falls, Zimbabwe

Your tour begins today in the town of Victoria falls, home to the spectacular Victoria Falls. The bustling adventure town of Victoria Falls also offers a range of optional activities for those wanting a dose of adrenaline. For the more relaxed traveller there are craft markets to explore and a delicious high tea is on offer at the Victoria Falls Hotel.

Accommodation	Victoria Falls Rainbow Hotel: https://rtgafrica.com/victoria-falls-rainbow/
Facilities	Accommodated: Two per Room with En-suite Bathroom Camping: Two per Room with En-Suite Bathroom
Meals	Lunch, Dinner
Optional Activity	Visit the falls, bungee jump, gorge swing, sunset cruise, helicopter flights, boma dinner experience, dinner cruise

Day 2 - Victoria Falls – Kasane, Botswana

After breakfast we travel the short distance to the Botswana border, crossing into Botswana to set up camp on the banks of the Chobe River. This afternoon is set aside for exploring the Chobe National Park.

We begin our exploration in 4x4 vehicles, which allows us an up close and personal experience with the many elephants that frequent the river in the afternoons. The afternoon ends with a leisurely boat cruise and a meal served around the campfire.

Accommodation	Thebe River Safaris http://www.theberiversafaris.com
Facilities	Accommodated: Two per Room with En-Suite Bathroom Camping: Campsite with Shared Ablutions
Route	Victoria Falls to Kasane
Meals	Breakfast, Lunch, Dinner
Included Highlight	Chobe National Park Boat Cruise
Optional Activity	Chobe National Park Game Drive
Border Post	Zimbabwe: Kazangula Road, Open: 06h00-20h00 Botswana: Kazangula Road, Tel: +267 62 50330, Open: 06h00-20h00

Day 3 – Nata

Leaving Kasane early, we set off for Nata where we will overnight. The route south, from Kasane to Nata is often referred to as the 'game drive route'. There is always a chance of seeing wildlife of some sort along the way. On arrival in Nata, you will be able to book an afternoon guided excursion to the Makgadikgadi Pans and Nata Sanctuary to appreciate the spectacular view and a sundowner (drinks enjoyed while watching the sunset).

Accommodation	Nata Lodge: https://underonebotswanasky.com/botswana-lodges/nata-lodge OR Pelican Lodge: http://www.pelicanlodge.co.bw/
Facilities	Accommodated: Two per Room with En-Suite Bathroom Camping: Campsite with Shared Ablutions
Route	Kasane to Nata
Meals	Breakfast, Lunch, Dinner
Optional Activity	Makgadikgadi Salt Pans (Nata Sanctuary)

Day 4 - Maun

Our journey today takes us across the northern reaches of the Makgadikgadi Pans and the road to Maun is lined with majestic views of the iconic Baobab tree. Upon arrival in Maun, you will have the opportunity to enjoy an optional scenic flight over the Okavango Delta (time and weather permitting – this could take place on day 6).

*Those guests who have pre-purchased the *2-night package – will be transferred into the Delta today and will re-join the group on the morning of day 6.*

Accommodation	Sedia Riverside Lodge: http://sedia-hotel.com/ OR Mokoro Lodge: http://mokolodge.com-botswana.com/
Facilities	Accommodated: Two per Room with En-Suite Bathroom Camping: Campsite with Shared Ablutions
Route	Nata to Maun
Meals	Breakfast, Lunch, Dinner
Optional Activity	Scenic flight over the Okavango Delta

Day 5 – Okavango Delta

The most rewarding and enjoyable way to explore and experience the beauty and serenity of this intricate system of lily covered channels and lagoons is by mokoro (dugout canoe). Heading out early, we will be transferred by safari vehicle to the poling station (approximately 1 hour transfer) where we will meet the polers who will be escorting us into the Delta. The polers will steer us through the serene area of narrow, reed lined channels which open out onto beautiful lagoons. Reaching one of the many islands, a nature walk may be taken with your poler. After the walk, we return by mokoro through the channels back to the poling station. While the mokoro trail is not primarily a game viewing activity (wildlife viewing), a variety of game (wild animals) may be encountered in this pristine wilderness area, including elephant, giraffe, kudu, impala and zebra.

Accommodation	Sedia Riverside Lodge: http://sedia-hotel.com/ OR Mokoro Lodge: http://mokolodge.com-botswana.com/
Facilities	Accommodated: Two per Room with En-Suite Bathroom Camping: Campsite with Shared Ablutions

Route Maun – poling station – Okavango Delta – Maun
Meals Breakfast, Lunch, Dinner
Included Highlight Okavango Delta Day Excursion

Day 6 – Maun to Central Kalahari District

We travel to the Ghanzi district in the central Kalahari and this afternoon we enjoy a guided walk with our San hosts (Bushman tribe). This is an opportunity to learn more about the San culture and interaction with their Desert environment.

Tonight we get a first-hand experience of the San culture, well known for its rich traditions of song, dance and story-telling. The nomadic San are hunter-gatherers that have passed down a rich knowledge of the plants and animals that play such an important part in their lifestyle

Accommodation Ghanzi Trail Blazers: <http://ghanzitrailblazers.co.bw>
Facilities **Accommodated:** Two per Room with En-Suites Bathroom
Camping: Campsite with Shared Ablutions
Route Maun to Ghanzi
Meals Breakfast, Lunch, Dinner
Included Highlight San Guided Walk / San Evening Dance Performance

Day 7 – Ghanzi – Windhoek, Namibia

We start early this morning as we continue west and cross the border into Namibia, travelling onwards to the capital city of Windhoek. *(Our accommodation for the night is situated halfway between the city and the airport).*

Accommodation Heja Game Lodge: <http://www.hejalodge.com>
Facilities **Accommodated:** Two per Room with En-Suite Bathroom
Camping: Two per Room with En-Suite Bathroom
Route Ghanzi to Windhoek
Meals Breakfast, Lunch, Dinner
Border Post Namibia: Buitepos, Tel: +264 62 560 401, Open: 07h00-24h00
Botswana: Mamanu, Tel: +267 659 2013/2064, Open: 07h00-24h00

Day 8 – Etosha National Park

Before taking aim for Etosha National Park, we will take a short walk through the city centre and have the opportunity to view some its better known landmarks. After our city walk, we have a full day of driving ahead of us and will reach the gates of Etosha National Park in the late afternoon.

We begin with our first game drive (safari) as we enter the park and travel the short distance to our overnight rest camp for the night.

Accommodation NWR: Okaukuejo: <http://www.nwr.com.na>
Facilities **Accommodated:** Two per Room with En-Suite Bathroom
Camping: Campsite with Shared Ablutions
Route Windhoek to Etosha National Park
Meals Breakfast, Lunch, Dinner
Included Highlight Walk Windhoek City Centre with your Guide

Day 9 – Etosha National Park

Etosha is the venue for some of the most unique game viewing experiences in Africa. Today we have a full-day to explore the edges of the Etosha Pan in search of the abundant wildlife that occurs in the park. Our truck offers us an elevated platform and we will spend some time at the many waterholes dotted throughout the park.

Accommodation Halali: <http://www.nwr.com.na>
Facilities **Accommodated:** Two per Room with En-Suite Bathroom
Camping: Campsite with Shared Ablutions
Meals Breakfast, Lunch, Dinner
Included Highlight Full-Day Game Viewing in overland truck

Day 10 – Kamanjab

We will rise early and enjoy our last game drive through Etosha as we make our way to the gates and exit the park. Sit back and enjoy the scenery of rugged mountains and dry river beds.

Accommodation Toko Lodge: <http://www.tokolodge.co/>
Facilities **Accommodated:** Two per Room with En-Suite Bathroom
Camping: Campsite with Shared Ablutions
Route Etosha to Kamanjab
Meals Breakfast, Lunch, Dinner
Included Highlight Morning game drive in overland truck as we exit the park

Day 11 – Brandberg White Lady

The Brandberg (Burning Mountains) are regarded as the highest in Namibia and home to the famous White Lady, one of more than 45,000 rock paintings in the area. After reaching our destination for the day, this afternoon we will make the 1-hour hike to visit the painting that is said to be around 2,000 years old. *(Please be advised that the hike does traverse rough terrain along the gorge of the normally dry Tsisab River).*

Accommodation Brandberg White Lady Lodge: <https://www.brandbergwllodge.com>
OR Uis White Lady: <http://uiswhiteladyguesthouse.com/>
Facilities **Accommodated:** Two per Room with En-Suite Bathroom
Camping: Campsite with Shared Ablutions
Route Kamanjab to Brandberg
Meals Breakfast, Lunch, Dinner
Included Highlight Brandberg White Lady hike

Day 12 –Swakopmund

The massive granite formations of Spitzkoppe tower 700 metres above the desert plains below and the presence of rock art indicates their significance to the San people who lived here many years ago. We will enjoy a walk and have the opportunity to view some examples of the San's rock art before setting off for the seaside town of Swakopmund.

Swakopmund is well known for its many adventure activities, coffee shops and rich German influence. This evening you will have the opportunity to book some of the many exciting activities on offer.

Accommodation Stay@Swakop: <http://www.stay-at-swakop.com/>
or Haus Garrison: <http://hausgarnison.com/>

Facilities **Accommodated:** Two per Room with En-Suite Bathroom
Camping: Two per Room with En-Suite Bathroom

Route Brandberg to Swakopmund

Meals Breakfast, Lunch, Dinner

Included Highlight Visit and explore Spitzkoppe

Day 13 - Swakopmund

Today is a free day to enjoy adventure, explore Swakopmund or simply enjoy a great bake at a local coffee shop. Swakopmund offers all the conveniences of a little city and there is something to keep everyone busy. This welcome brush with civilization is the perfect launching pad as we venture to the Namib Desert tomorrow morning.

Accommodation Stay@Swakop: <http://www.stay-at-swakop.com/>
or Haus Garrison: <http://hausgarnison.com/>

Facilities **Accommodated:** Two per Room with En-Suite Bathroom
Camping: Two per Room with En-Suite Bathroom

Meals Breakfast, Lunch, Dinner

Optional Activity Dolphin Cruise, Sky Diving, Sandboarding, Quad Biking and more

Day 14 Swakopmund – Namib Naukluff

Leaving behind the charms of Swakopmund we continue our journey to Southern Namibia and the Namib Desert. We make a short stop in Walvis Bay this morning before turning east towards the heart of the desert. Our afternoon will be spent with a local guide who will introduce us to the wonders of the desert environment. An early night is advisable as tomorrow will see us up as the dawn breaks.

Accommodation Namib Naukluff Habitat: <http://www.namib-naukluff-lodge.com/>
OR Desert Camp: <http://desertcamp.com/>

Facilities **Accommodated:** Two per Room with En-Suite Bathroom
Camping: Campsite with Shared Ablutions

Route Swakopmund to Solitaire

Meals Breakfast, Lunch, Dinner

Included Highlight Guided Desert Excursion with Local Expert, Walvis Bay lagoon, Tropic of Capricorn

Day 15 – Sesriem and Sossusvlei

Rising at first light we travel to Sesriem, the gateway to the Sossusvlei dune fields. We enter the park early and make a stop to climb the famous Dune 45. Having stretched our legs we continue deeper into the Dune fields and take a 4x4 transfer to the marvels of Sossusvlei. We take time to visit both Sossusvlei and Deadvlei, before bidding the dune field farewell. Our final stop before continuing to our camp is the interesting Sesriem Canyon, a remnant of much wetter times in this dry region.

Accommodation Namib Naukluff Habitat: <http://www.namib-naukluff-lodge.com/>
OR Desert Camp: <http://desertcamp.com/>

Facilities **Accommodated:** Two per Room with En-Suite Bathroom
Camping: Campsite with Shared Ablutions

Meals Breakfast, Lunch, Dinner
Included Highlight Hike up Dune 45, visit to Sossusvlei / Deadvlei and the Sesriem Canyon

Day 16 – Keetmanshoop

We will have a leisurely morning before we pack up and turn east and head for Keetmanshoop. Today we spend most of the day driving onto our next destination.

Accommodation Seeheim Hotel: <http://www.seeheimhotel.com/>
Facilities **Accommodated:** Two per Room with En-Suite Bathroom
Camping: Campsite with Shared Ablutions
Route Solitaire to Keetmanshoop
Meals Breakfast, Lunch, Dinner

Day 17 – Giants Playground/Quiver Tree Forest and Fish River Canyon

Contrary to belief, the quiver tree is not really a tree, but a plant that can grow to between 200 – 300 years old. Our exploration continues this morning with a visit to the Quiver Tree Forest and Giants Playgrounds, named for the way in which the massive dolerite boulders have been placed on each other- creating rock formations and a series of mazes. We board the truck and travel south on the gravel byways of Southern Namibia on route to Ais-Ais. Famed for its hot springs the resort and its hot pools are the perfect tonic to ease away the dust of the Namib. The Fish River Canyon is one of the largest in the world and this afternoon we take a walk along the rim of the canyon and end our day with a memorable sunset on the canyon edge.

Accommodation NWR: Ai-Ais: <http://www.nwr.com.na/index.php/resorts/ai-aishotsprings-spa>
Facilities **Accommodated:** Two per Room with En-Suite Bathroom
Camping: Campsite with Shared Ablutions
Route Keetmanshoop to Ai-Ais
Meals Breakfast, Lunch, Dinner
Included Highlight Quiver Tree Forest and Visit Giants Playground / Visit to the Fish River Canyon / Ais-Ais Hot Springs

Day 18 – Orange River

As dawn breaks we head out making our way to the Orange River and our final stop in Namibia. Our last night in Namibia is spent on the banks of the Orange River and the best way to experience the Orange River is by canoe. This afternoon you will have the opportunity to partake in an optional canoe trip on the river.

Accommodation Felix Unite Cabanas: <https://www.felixunite.com/accommodation/>
OR Bundi: <http://www.bundi.co.za/orangeriveercanoeing.htm>
Facilities **Accommodated:** Two per Room with En-Suite Bathroom
Camping: Campsite with Shared Ablutions
Route Ai-Ais to Orange River
Meals Breakfast, Lunch, Dinner
Optional Activity Half-Day Canoe Trip

Day 19 – Orange River – Cederberg, South Africa

A final border crossing sees us enter South Africa this morning as we travel through the desert landscapes of Namaqualand on our way to the Cederberg region. If you are fortunate enough to be travelling in the spring months (July to September) you may encounter the wild flowers that have

made this region famous. No matter the time of year though, the strange desert vistas offer a unique backdrop to this day's travel. Tonight we enjoy a traditional meal and celebrate the many memories we have made.

Accommodation Marcuskraal: <http://www.marcuskraal.co.za/index1.html>
Facilities **Accommodated:** Two per Room with En-Suite Bathroom
Camping: Campsite with Shared Ablutions
Route Orange river to Citrusdal
Meals Breakfast, Lunch, Dinner
Border Post Namibia: Noordoewer, Tel: +264 (0) 63 297 122, Open 24 hours
 South Africa: Vioolsdrift, Tel: +27 (27) 761 8760, Open 24 hours

Day 20 – Cederberg – Cape Town

The Cederberg region not only boasts spectacular mountains and orange farms, but it is also the home of the Rooibos bush. Indigenous to the mountain slopes of the Cedarberg, this herbal beverage has earned an international reputation as a healthy and refreshing alternative to regular tea. The Cederberg region is known for its mountain fynbos and spectacular views of the rugged Cedarberg Mountains. Nearing Cape Town, you will notice Table Mountain appear in the distance and we will stop to look at Table Mountain from across Table Bay. Your tour ends upon arrival in Cape Town city centre.

Accommodation Own Arrangements / Post tour accommodation can be booked through us.
Route Citrusdal to Cape Town
Meals Breakfast

*** Optional Okavango Delta Excursion - Accommodated**

The cost of the optional Okavango Delta excursion upgrade package is not included in the tour price. The cost to participate in the 2-night excursion is R15460 per person. In order to ensure availability of this optional activity, we request that you pre-book and pre-pay this activity together with your tour purchase. Single supplement charges paid on the overland tour do not cover the Okavango Delta excursion and are not available at all during this excursion. Therefore please expect to share with a fellow guest for the duration of the Okavango Delta excursion.

Optional Activity	Price
2-Night Okavango Delta excursion upgrade	R 15460
	R 15460

The accommodated Okavango Delta upgrade excursion is operated with **a combination of small charter planes and in 4x4 safari vehicles**. The overland truck and crew (and fellow guests who have not purchased the upgrade) will be based in Maun and you will be separated from the group for the 2 nights. You will be required to pack an overnight bag for your excursion – please ensure your valuables and luggage which you are not taking is locked in your locker in the overland truck.

Mopiri Camp, which means "little island " in the local Bayei language, is hidden away on the north western side of the Okavango Delta and offers the perfect water based camp experience. The camp is situated approximately 280kms from Maun and at certain times of the year when the waterways are in flood, access to camp will be by boat to / from the landing strip. Long winding board walks between the main area and the rooms offer guests privacy and the opportunity to stretch their legs and explore the island. Mopiri camp's main area consists of a large dining room with a separate lounge area. There is a large deck overlooking the lagoon and a fire pit perfect for stargazing. The swimming pool is positioned with views over the floodplain. All meals are included during your stay in the Okavango Delta.

* Itinerary for the Okavango Delta excursion

Day 1 – Maun – Okavango Delta

Upon arrival in Maun this afternoon your overland guide will drop you off at the Maun airport to board your flight into the Okavango Delta and upon landing you are met by a representative of the lodge and will be transferred to the camp.

You are requested to pack a small overnight bag to take with on this excursion as luggage restrictions apply on the small charter flight into the Okavango Delta. During your time in the Okavango Delta, your overland crew will remain behind in Maun.

Accommodation	Mopiri Camp. http://www.mopiricamp.com/ OR Nguma http://www.ngumalodge.com/lodgings.html
Facilities	Two per permanent tent including en-suite facilities
Route	Maun into the Okavango Delta

Day 2 – Okavango Delta

We rise early, enjoying a continental breakfast at the lodge before heading out on a full day trip through the waterways, which will include a nature walk and mokoro trip with lunch on one of the islands. We will return to camp in the afternoon before settling in for the night.

Accommodation	Mopiri Camp. http://www.mopiricamp.com/ OR Nguma http://www.ngumalodge.com/lodgings.html
Facilities	Two per permanent tent including en-suite facilities
Route	Maun into the Okavango Delta

Day 3 – Okavango Delta to Maun

After a leisurely breakfast you will be returned to the airstrip for your flight back to Maun. Upon arrival in Maun, your will be waiting for you at the airport, being re-united with your fellow travellers and overland truck.

There are more optional activities being created every day – we have listed only the most popular. If there is something specific you would like to do then speak to your guide as they will be able to assist you if possible.

More optional activities which can be booked on this tour

Country	Area	Activity	Rate Guideline
South Africa	Orange River	Half day canoe adventure	R300 - R400
Botswana	Chobe National park	Game Drive (safari)	BWP400 -600
Botswana	Maun	1 Hour scenic flight (min 4 pax)	USD80 - USD200
Namibia	Swakopmund	Quadbiking or Sandboarding	R650 - R750
Namibia	Swakopmund	Skydiving	R2500 - R2800
Namibia	Swakopmund	Dolphin Cruise (incl transfer & light lunch)	R850 - R950
Zimbabwe	Victoria Falls	Full Day white water rafting or Bungee Jump	USD150 - USD170
Zimbabwe	Victoria Falls	Helicopter Flights (Min 3 clients)	USD160 - USD180
Zimbabwe	Victoria Falls	Zambezi Sunset Cruise (incl transfers)	USD40-USD70

More about this tour

MEALS ON TOUR

Breakfast: As breakfast is served very early in the morning (if there is driving or activities to be done) it is a simple but filling breakfast: Tea and coffee, breads and spreads, cereals, yoghurts, fruits and on occasion, when there is time for a later breakfast, guides will serve a hot breakfast of scrambled eggs, porridge, bacon or beans.

Lunch: Lunch is generally served at a picnic spot next to the road en route to a destination. As the guides only have approximately 45 minutes to get everyone off the truck, prepare lunch and then get everyone back on the truck again, lunches consist of sandwiches and salads (rice salad, pasta salad, tuna salad and green salad) which are quick and easy to prepare but which are quite filling. Guides have meal plans which they should stick to, to ensure that there is variety on a day to day basis.

Dinner: This is when the guides get time to prepare a delicious meal and they focus on a substantial protein, vegetable and carbohydrate dinner. We serve traditional cuisine consisting of braais (BBQ), potjie (stew), bobotie (mince), spaghetti and fish and chicken dishes. All meals (on both accommodated and camping tours) that are included as per the dossier are prepared at the full service adventure truck. This is a unique adventure in itself where you get to dine under the stars with your new found friends and experience the real sights and sounds of Africa!

Enjoy your adventure of a lifetime!