



Cape Town to Victoria Falls
20 days | Camping

Information guidelines

All information provided in this document is subject to change without prior notice. Please ensure that you have received the latest version of this dossier as we are continually striving to improve the standards and quality of our tours and itineraries are subject to change. Travel times and campsites can change depending on road or weather conditions, or any unforeseen circumstances. These are used as a guideline only. On our longer tours it is possible that your crew, truck and fellow travellers will change due to our unique tour linking system. There are a maximum of 24 participants travelling on this tour.

Partaking in an adventure tour in Africa involves covering hundreds if not thousands of kilometers in a truck, and our tours are as much about this journey as they are about the destinations we visit. Use your time in the truck to talk to your fellow travellers, play card games, have a drink, walk around, take note of the world passing by your window and make the most of this unique opportunity to step out of your comfort zone.

Some roads you travel on will be smooth and easy while others could take up to an hour to cover one kilometer. There is just no telling what could happen with road, weather, traffic and other conditions that may exist that will either increase or decrease the amount of time you spend on the road so take your watch off, put your iPad away, turn off your phone and just relax. An average day could take anything from 5 to 14 hours in the truck, it all depends on the day... and that's only an "average".

Did you receive your Pre Departure Information Booklet?

If not, please contact us and we will e-mail it to you - alternatively you can also download the document from our website at www.CheapAfricaTours.com or www.GoedkopeAfrikaReizen.nl

About this tour

Departure Point

This tour departs at **7.00 am** from 40onBurg, 40 Burg Street, Cape Town, South Africa.
Tel: +27 (0)21 426 4338, www.40onburg.co.za

Please ensure you arrive at the departure point **at least 30 minutes before** the scheduled departure time.

End Point

Victoria Falls Rainbow Hotel – 278 Parkway Drive, Victoria Falls, Zimbabwe –
Tel: + 263 13 44583 / 42213-4 – <http://www.victoria-falls-rainbow-hotel.com>

Countries Visited

South Africa, Namibia, Botswana & Zimbabwe

What's included

All meals which are prepared and served at the overland truck / accommodation / qualified crew / filtered water / transport in the overland truck / included highlights as per the itinerary / entrance fees to National Parks.

What's excluded

All items of a personal nature, alcohol, soft drinks, snacks, souvenirs, tips entrance fees associated with optional activities and optional activities (see list for an indication of prices).

Vehicle

Overland Truck

Climate

The African sun is very strong. Please use a factor 30 sunscreen and wear a hat. You should drink at least 3 litres of water per day to avoid dehydration. It can also get very cold during winter months on this route. Please see Pre Departure Booklet for detailed information.

Pre and Post Tour Accommodation

If you require accommodation before or after your tour we can arrange this for you. We can also arrange airport transfers. For more information, have a look on our website under "Hotels and Transfers"

Arrival/ Departure

Please be sure to arrive at least 1 day before your tour is due to depart. This will help avoid any unforeseen problems. We also highly recommend that you book your flights to depart at least one day after the tour officially ends.

I Want More

This tour will give you a good taste of what Southern Africa has in store for you. However, you can extend your adventure by adding more tour options... such as our 2 day transfer from Victoria Falls to Johannesburg or our 21 day East African Adventure (North), or shorter sections thereof.

Insurance (Compulsory)

All clients require adequate Medical Insurance. Activity providers can refuse participation of activities, if the correct valid Medical Insurance is not provided.

Currency and Banking

As your tour may pass through multiple countries, we have prepared information on the use of local and foreign currencies, ATMs and Credit Cards for each country. This information is available on our website under FAQ (frequently asked questions).

Health

Please inform us of any pre-existing conditions such as diabetes or asthma and any prescription medicine you may be taking. We also need to know about any food allergies or physical disabilities that you may have.

Vaccinations

A Yellow Fever Certificate might be required for this tour depending on your nationality. Please see the Pre-Departure Information booklet for detailed information on vaccinations in Africa.

Visas

As visa requirements vary considerably from country to country and nationality to nationality, please contact the various embassies or a visa service agent in your home country to re-check your visa requirements at least 4 weeks prior to travelling. Please note that visas are the responsibility of the traveller and that ShapShap Travel and its partners will not be held responsible for guests being denied entry should they not be in the possession of the relevant visas.

All travellers must be in possession of a valid onward/return air ticket or proof of other means of transport enabling the traveller to leave the country in which your adventure tour passes or terminates. You should also have proof of sufficient funds (e.g. credit card) to see you through your time in the country. Should the adventure tour you are joining be re-entering a country, be sure to have a multiple entry visa that enables you to re-enter the country.

In some cases visas are available on entry into a country and may be cheaper to do so, however for peace of mind and to speed up the border crossing process, ShapShap Travel will always advise you to get your visas prior to your trip if possible.

Accommodation providers

Accommodation providers are subject to change without notice, the accommodation listed in this dossier is our preferred supplier, but sometimes due to availability, we are unable to make use of the property listed in this dossier. If we cannot use the accommodation provider as listed we will substitute another property of similar standards, however, en-suite facilities are not always guaranteed.

* Okavango Delta Excursion Upgrade - Accommodated

Included in the tour price is a full day excursion into the Okavango Delta. A 2-night package is available for purchase, should you wish to spend 2 nights in the Okavango Delta. A minimum number of 2 guests is required in order for the 2-night excursion to operate.

2-Night Excursion per person sharing: R15,460 per person

* Detailed description of the Okavango excursion can be found after the itinerary

Detailed itinerary

Day 1 - South Africa – Cederberg Region

Leaving Cape Town we make a last stop for a look back at Table Mountain from across Table Bay. No road trip is complete without a stop at a traditional “Padstal”, these small farm stalls dot the byways of South Africa and offer a variety of homemade treats and bakes. The Cedarberg region not only boasts spectacular mountains and orange farms, but it is also the home of the Rooibos bush. Indigenous to the mountain slopes of the Cedarberg, this herbal beverage has earned an international reputation as a healthy and refreshing alternative to regular tea. A dinner at our overnight stop offers an opportunity for us to get acquainted while enjoying some South African hospitality.

Accommodation	Marcuskraal Campsite http://www.marcuskraal.co.za/index1.html
Facilities	Campsite with Shared Ablutions
Route	Cape Town to Citrusdal
Meals	Lunch, Dinner

Day 2 - Namaqualand – Gariep (Orange) River

Namaqualand presents us with our first experience of the Desert vistas that will accompany us in the days ahead. We continue our journey north and after a short stop for supplies in Springbok, we travel to our camp on the banks of the Orange River. If you are fortunate enough to be travelling in the spring months (July to September) you may encounter the wild flowers that have made this region famous. No matter the time of year though, the strange desert vistas offer a unique backdrop to this day's travel.

Accommodation	Fiddlers Creek Campsite http://www.bushwhacked.co.za
Facilities	Campsite with Shared Ablutions
Route	Citrusdal to Vioolsdrift
Meals	Breakfast, Lunch, Dinner
Included Highlight	Spring Wild Flowers (Seasonal July – September)

Day 3 - Namibia – Gariep (Orange) River

While the Orange River was named after the Dutch Royal House, in recent times it has been referred to by its original name of Gariep, which simply means “river” in the indigenous Khoekhoe language. Beginning its journey in the mountains of Lesotho, the Orange River is the longest river in South Africa

and offers a unique contrast to the desert landscapes along its banks. The best way to experience the river is by getting out on the water and this morning we have the opportunity to join an optional canoe trip on the river. Around midday (after lunch) we depart the Orange River and head inland, crossing the border into Namibia. We make a brief stop at the mineral hot springs for a dip in the pool before arriving at our camp in the late afternoon.

Accommodation	NWR: Hobas Campsite http://www.nwrnamibia.com/hobas.htm
Facilities	Campsite Shared Ablutions
Route	Orange/Gariep River to Fish River Canyon
Meals	Breakfast, Lunch, Dinner
Included Highlight	Swim in mineral hot springs (swimming pool)
Optional Activity	Half-day canoe trip
Border Post	South Africa: Vioolsdrift, Tel: +27 (27) 277 618 760, Open 24 hours Namibia: Noordoewer, Tel: +264 (0) 63 297 122, Open 24 hours

Day 4 – Fish River Canyon, Quiver Tree Forest and Giants Playground

We rise early this morning, pack up our camp, making our way to the rim of the Fish River Canyon. We arrive in time to catch the morning sunrays filter through the canyon. After stretching our legs with a gentle walk along the rim of the canyon, we turn west and head for Keetmanshoop. Our afternoon will be spent meandering through the Quiver Tree Forest and The Giants Playground – named for the way in which the massive dolerite boulders have been placed on each other - creating rock formations and a series of mazes.

Accommodation	Seeheim Hotel http://www.seeheimhotel.com/
Facilities	Campsite with Shared Ablutions
Route	Fish River Canyon to Keetmanshoop
Meals	Breakfast, Lunch, Dinner
Included Highlights	Scenic walk along the rim of Fish River Canyon / Visit to Quiver Tree Forest and Giants Playground

Day 5 - Namib-Naukluff National Park

Every overland journey has some long travelling days and today is one of those as we venture deeper into the Namib Desert. Our destination is the dune fields that cover the western reaches of the desert. Long dusty roads and sparsely populated farmlands offer us an insight into the vastness of rural Namibia. From the grasslands in the east to the red dunes of the west, the slowly changing landscapes represents the many faces of this desert country. Tonight we camp on the doorstep of the dune fields and fall asleep to the unique calls of the elusive Barking Gecko.

Accommodation	NWR: Sesriem campsite https://www.nwr.com.na/resorts/sesriem-camp
Facilities	Campsite with Shared Ablutions
Route	Keetmanshoop to Namib Naukluff NP
Meals	Breakfast, Lunch, Dinner
Included Highlight	Sesriem Canyon

Day 6 - Sossusvlei Dunes – Namib-Naukluff National Park

Watching the sunrise over the red dunes is an iconic highlight of any trip to Namibia and this morning we rise before the sun to capture this magnificent moment. A brisk climb up Dune 45 offers us the perfect vantage point to marvel at the changing colours of the desert sunrise. Once satisfied we

descend this famous dune and enjoy a hearty breakfast before catching a 4x4 transfer into Sossusvlei, here we will spend time on foot visiting the pans at Sossusvlei and Deadvlei. Our day in the desert continues this afternoon as we join a local expert for an educational desert excursion. Tonight we empty the red sand from our shoes and spend the night under the magnificent desert stars, knowing that we have spent a full-day enjoying the wonders of this harsh land.

Accommodation	Boesman's Camp (No website)
Facilities	Campsite with Shared Ablutions
Route	Namib-Naukluft NP – Naukluft Area
Meals	Breakfast, Lunch, Dinner
Included Highlight	Sunrise hike up Dune 45, 4x4 shuttle to Sossusvlei / Deadvlei, Guided desert walk with local expert

Day 7 - Swakopmund

Reluctantly we leave the Namib behind and after a stop to mark our crossing of the Tropic of Capricorn, we continue to the Atlantic coastline. Today we continue west and make our way to the coastal town of Swakopmund, where adventure and a dose of civilisation await. We make a brief stop at the Walvis Bay lagoon, where we hope to catch a glimpse of the Flamingo's that feed in the shallows. Arriving in Swakopmund we will have the opportunity to book some of the many adventures on offer.

Accommodation	Amanpuri Travellers Lodge http://www.amanpurinamibia.com OR Strauss Holiday Accommodation http://www.straussholidays.com/Rooms.htm
Facilities	Two per Room with En-suite Bathroom
Route	Naukluft Area to Swakopmund
Meals	Breakfast, Lunch, Dinner
Included Activity	Tropic of Capricorn, Walvis Bay Lagoon

Day 8 - Swakopmund

While for many it is the adrenaline fuelled adventures that will grab their attention, Swakopmund offers all that and more. Take the opportunity today to explore the town at your leisure, as there are a number of attractions for every taste. Not to be missed is the selection of famed coffee shops and bakeries that offer a delightful range of German inspired treats. Swakopmund offers all the conveniences of a small city and is the perfect launching pad for the journey through the northern reaches of the land.

Accommodation	Amanpuri Travellers Lodge http://www.amanpurinamibia.com OR Strauss Holiday Accommodation: http://www.straussholidays.com/Rooms.htm
Facilities	Two per Room with En-suite Bathroom
Meals	Breakfast, Lunch, Dinner
Optional Activity	Dolphin cruise, Skydiving, sandboarding, Quad biking, Dinner

Day 9 – Spitzkoppe to Brandberg

Leaving early, we make our way to the massive granite formations of Spitzkoppe which tower 700 metres above the desert plains below. The presence of rock art indicates their significance to the San people who lived here many years ago. We will enjoy a walk and have the opportunity to view some examples of the San's rock art before setting off for our overnight stop for the evening.

Accommodation Brandberg White Lady <https://www.brandbergwillodge.com/wmenu.php>
Facilities Campsite with Shared Ablutions
Route Swakopmund to Brandberg (via Spitzkoppe)
Meals Breakfast, Lunch, Dinner
Included Highlight Visit and explore Spitzkoppe

Day 10 – Brandberg White Lady

The Brandberg (Burning Mountains) are regarded as the highest in Namibia and home to the famous White Lady, one of more than 45,000 rock paintings in the area. This morning we will make the 1-hour hike to visit the painting that is said to be around 2,000 years old. (Please be advised that the hike does traverse rough terrain along the gorge of the normally dry Tsisab River). After our exploration, our journey continues to the area of Kamanjab. For those who would like to visit an educational centre showcasing the lifestyle of the Himba Tribe, you will have the opportunity to book an optional excursion this afternoon.

Accommodation Toko Lodge <http://www.tokolodge.co/>
Facilities Campsite with Shared Ablutions
Route Uis to Kamanjab
Meals Breakfast, Lunch, Dinner
Included Highlight Brandberg White Lady hike

Day 11 - Etosha National Park

Rising early this morning we drive to the Etosha National Park. Etosha is the venue for some of the most unique game viewing experiences in Africa. This afternoon we reach the park and begin with our first game drive (safari) as we make our way to the rest camp.

Accommodation NWR: Okaukuejo or Halali <http://www.nwr.com.na>
Facilities Campsite with Shared Ablutions
Route Kamanjab to Etosha National Park
Meals Breakfast, Lunch, Dinner
Included Highlight Afternoon game drive (safari) in overland truck

Day 12 - Etosha National Park

Our second day in Etosha allows for a full day to continue our exploration of the park. No day on safari is ever the same and the suspense before that special sighting is the motivation that keeps our eyes wide open. We explore the edges of Etosha Pan in search of the abundant wildlife that occurs in the park.

Accommodation NWR: Okaukuejo or Halali <http://www.nwr.com.na>
Facilities Campsite with Shared Ablutions
Route Etosha National Park
Meals Breakfast, Lunch, Dinner
Included Highlight Full day game drive (safari) in overland truck

Day 13 - Windhoek

It is an early rise as we take aim for Windhoek, the capital city of Namibia. Upon arrival in Windhoek, we will take a short walk through the city centre and have the opportunity to view some its better

known landmarks. (Our accommodation for the night is situated halfway between the city and the airport).

Accommodation Heja Game Lodge <http://www.hejalodge.com>
Facilities Two per Room with En-suite Bathroom
Route Etosha National Park to Windhoek
Meals Breakfast, Lunch, Dinner
Included Highlight Walk through Windhoek with your guide

Day 14 - Botswana – Ghanzi

Today we travel east and make our way to neighbouring Botswana and the Kalahari Desert. Starkly different to the Namib Desert after which Namibia is named, the Kalahari is no less dramatic and covers over 900 000 square kilometres. The San people have long been associated with this harsh environment and this afternoon we will enjoy an informative guided walk with the San community. Tonight we enjoy a dance evening that provides an insight into their culture of song, dance and story-telling.

Accommodation Ghanzi Trail Blazers <http://ghanzitrailblazers.co.bw>
Facilities Campsite with Shared Ablutions
Route Windhoek to Ghanzi
Meals Breakfast, Lunch, Dinner
Included Highlight San Tribal dance in evening /
San Guided Walk (this activity could take place the next morning)
Border Post Namibia: Buitepos, Tel: +264 62 560401, Open: 07h00-24h00
Botswana: Mamanu, Tel: +267 (0) 659 2013/2064, Open: 07h00-24h00

Day 15 – Okavango Delta

This morning we rise early and head towards Maun, where upon arrival in Maun this afternoon, you will have the opportunity to go on an optional scenic flight over the Delta (time and weather permitting). This evening our guide will prepare us on what to expect on our full day excursion into the Okavango Delta.

Those guests who have pre-purchased the * 2-night package – will board the flight into the Delta upon arrival in Maun and will re-join the group on the morning of day 17. Have a look at the Okavango Delta Excursion programme below this itinerary.

Accommodation Sedia Riverside Lodge <http://sedia-hotel.com/>
Facilities Campsite with Shared Ablutions
Route Ghanzi to Maun
Meals Breakfast, Lunch, Dinner
Optional Activity Okavango Delta scenic flight

Day 16 - Okavango Delta Excursion

The most rewarding and enjoyable way to explore and experience the beauty and serenity of this intricate system of lily covered channels and lagoons is by mokoro. Heading out early, we will be transferred by safari vehicle to the poling station (approximately 1 hour transfer) where we will meet the polers who will be escorting us into the Delta. The polers will steer us through the serene area of narrow, reed lined channels which open out onto beautiful lagoons. Reaching one of the many islands, a nature walk may be taken with your poler. After the walk, we return by mokoro through the

channels back to the poling station. While the mokoro trail is not primarily a game viewing activity, a variety of game may be spotted in this pristine wilderness area, including elephant, giraffe, kudu, impala and zebra.

Accommodation	Sedia Riverside Lodge http://sedia-hotel.com/
Facilities	Campsite with Shared Ablutions
Route	Maun – poling station – Okavango Delta – Maun
Meals	Breakfast, Lunch, Dinner
Included Highlight	Okavango Delta Day Excursion

Day 17 – Nata

Leaving Maun behind us this morning we make our way towards the town of Nata. We will spend most of the day in our truck as we journey across the northern reaches of the Makgadikgadi Pans. On arrival at Nata Lodge, you have the opportunity to enjoy an optional afternoon guided game drive to the Makgadikgadi Pans, which forms the breeding ground for a host of water birds including pelicans and flamingo in their thousands.

Accommodation	Nata Lodge: http://underonebotswanasky.com/camps/nata-lodge.php
Facilities	Campsite with Shared Ablutions
Route	Maun to Nata
Meals	Breakfast, Lunch, Dinner
Optional Activity	Makgadikgadi Salt Pans (Nata Sanctuary)

Day 18 – Chobe National Park

We rise early this morning as we continue north to our camp on the banks of the Chobe River. This afternoon is set aside for exploring the Chobe National Park. We begin our exploration with an optional game drive in 4x4 vehicles and our afternoon ends with a leisurely boat cruise which allows us an up close and personal experience with the many elephants that frequent the river in the afternoons.

Accommodation	Thebe River Safaris http://www.theberiversafaris.com
Facilities	Campsite with Shared Ablutions
Route	Nata to Kasane
Meals	Breakfast, Lunch, Dinner
Included Highlight	Chobe National Park boat cruise
Optional Activity	Chobe National Park Game Drive

Day 19 - Zimbabwe -Victoria Falls

With the memories of our wildlife encounters firmly etched in our minds, we cross the border into Zimbabwe this morning and travel the short distance to Victoria Falls. Today you will have the opportunity to visit the spectacular Victoria Falls at your leisure, also known by the local name of “Mosi-oa Tunya” (the smoke that thunders). While much of today is dedicated to viewing the mighty Zambezi River as it drops into the Batoka Gorge below, the bustling adventure town of Victoria Falls also offers a range of optional activities for those wanting a dose of adrenaline in the afternoon. For the more relaxed traveller there are craft markets and coffee shops on offer as well.

Accommodation	Victoria Falls Rainbow Hotel https://rtgafrika.com/victoria-falls-rainbow/
Facilities	Two per Room with En-suite Bathroom
Route	Kasane to Victoria Falls

Meals	Breakfast, Lunch, Dinner
Optional Activity	Victoria Falls National Park Entry
Border Post	Botswana: Kazangula Road, Tel: +267 62 50320 / Open: 06h00-20h00 Zimbabwe: Kzangula Road, Open: 06h00-20h00

Day 20 - Victoria Falls

Your tour comes to an end after breakfast and with the many activities on offer in Victoria Falls, today is the perfect day for the adventure that most suites your style. Whether rafting the mighty Zambezi River or enjoying a flight over the Falls, this is your day to enjoy the many attractions on offer in Victoria Falls.

Accommodation	Own Arrangements/ Post tour accommodation can be booked through us.
Meals	Breakfast
Optional Activity	Zambezi Sunset Cruise, Bungee Jump, Helicopter Flights, White Water Rafting

Note: It is possible to book our 2 day Transfer to Johannesburg, camping or accommodated straight after this tour, as this is one of the cheapest ways to get from Victoria Falls to Johannesburg. Check out our website for more information.

* Optional Okavango Delta Excursion Upgrade

The cost of the optional Okavango Delta excursion upgrade package is not included in the tour price. The cost to participate in the 2-night excursion is R15460 per person. In order to ensure availability of this optional activity, we request that you pre-book and pre-pay this activity together with your tour purchase. Single supplement charges paid on the overland tour do not cover the Okavango Delta excursion and are not available at all during this excursion. Therefore please expect to share with a fellow guest for the duration of the Okavango Delta excursion.

Optional Activity	Price
2-Night Okavango Delta excursion upgrade	R 15460
	R 15460

The accommodated Okavango Delta upgrade excursion is operated with **a combination of small charter planes and in 4x4 safari vehicles**. The overland truck and crew (and fellow guests who have not purchased the upgrade) will be based in Maun and you will be separated from the group for the 2 nights. You will be required to pack an overnight bag for your excursion – please ensure your valuables and luggage which you are not taking is locked in your locker in the overland truck.

Mopiri Camp, which means “little island “ in the local Bayei language, is hidden away on the north western side of the Okavango Delta and offers the perfect water based camp experience. The camp is situated approximately 280kms from Maun and at certain times of the year when the waterways are in flood, access to camp will be by boat to / from the landing strip. Long winding board walks between the main area and the rooms offer guests privacy and the opportunity to stretch their legs and explore the island. Mopiri camp’s main area consists of a large dining room with a separate lounge area. There is a large deck overlooking the lagoon and a fire pit perfect for stargazing. The swimming pool is positioned with views over the floodplain. All meals are included during your stay in the Okavango Delta.

* Itinerary for the Okavango Delta excursion

Day 1 – Maun – Okavango Delta

Upon arrival in Maun this afternoon your overland guide will drop you off at the Maun airport to board your flight into the Okavango Delta and upon landing you are met by a representative of the lodge and will be transferred to the camp.

You are requested to pack a small overnight bag to take with on this excursion as luggage restrictions apply on the small charter flight into the Okavango Delta. During your time in the Okavango Delta, your overland crew will remain behind in Maun.

Accommodation Mopiri Camp. <http://www.mopiricamp.com/>
OR Nguma <http://www.ngumalodge.com/lodgings.html>
Facilities Two per permanent tent including en-suite facilities
Route Maun into the Okavango Delta

Day 2 – Okavango Delta

We rise early, enjoying a continental breakfast at the lodge before heading out on a full day trip through the waterways, which will include a nature walk and mokoro trip with lunch on one of the islands. We will return to camp in the afternoon before settling in for the night.

Accommodation Mopiri Camp. <http://www.mopiricamp.com/>
OR Nguma <http://www.ngumalodge.com/lodgings.html>
Facilities Two per permanent tent including en-suite facilities
Route Maun into the Okavango Delta

Day 3 – Okavango Delta to Maun

After a leisurely breakfast you will be returned to the airstrip for your flight back to Maun. Upon arrival in Maun, your will be waiting for you at the airport, being re-united with your fellow travellers and overland truck.

There are more optional activities being created every day – we have listed only the most popular. If there is something specific you would like to do then speak to your guide as they will be able to assist you if possible.

More optional activities which can be booked on this tour

Country	Area	Activity	Rate Guideline
South Africa	Orange River	Half day canoe adventure	R300 - R400
Botswana	Chobe National park	Game Drive	BWP400 -600
Botswana	Maun	1 Hour scenic flight (min 4 pax)	USD80 - USD200
Namibia	Swakopmund	Quadbiking or Sandboarding	R650 - R750
Namibia	Swakopmund	Skydiving	R2500 - R2800

Namibia	Swakopmund	Dolphin Cruise (incl transfer & light lunch)	R850 - R950
Zimbabwe	Victoria Falls	Full Day white water rafting or Bungee Jump	USD150 - USD170
Zimbabwe	Victoria Falls	Helicopter Flights (Min 3 clients)	USD160 - USD180
Zimbabwe	Victoria Falls	Zambezi Sunset Cruise (incl transfers)	USD40-USD70

More about this tour

MEALS ON TOUR

Breakfast: As breakfast is served very early in the morning (if there is driving or activities to be done) it is a simple but filling breakfast: Tea and coffee, breads and spreads, cereals, yoghurts, fruits and on occasion, when there is time for a later breakfast, guides will serve a hot breakfast of scrambled eggs, porridge, bacon or beans.

Lunch: Lunch is generally served at a picnic spot next to the road en route to a destination. As the guides only have approximately 45 minutes to get everyone off the truck, prepare lunch and then get everyone back on the truck again, lunches consist of sandwiches and salads (rice salad, pasta salad, tuna salad and green salad) which are quick and easy to prepare but which are quite filling. Guides have meal plans which they should stick to, to ensure that there is variety on a day to day basis.

Dinner: This is when the guides get time to prepare a delicious meal and they focus on a substantial protein, vegetable and carbohydrate dinner. We serve traditional cuisine consisting of braais (BBQ), potjie (stew), bobotie (mince), spaghetti and fish and chicken dishes. All meals (on both accommodated and camping tours) that are included as per the dossier are prepared at the full service adventure truck. This is a unique adventure in itself where you get to dine under the stars with your new found friends and experience the real sights and sounds of Africa!

Enjoy your adventure of a lifetime!