

Information guidelines

The following information will serve as a guideline to your tour. Please take time to read this document as it includes important and helpful information.

Should you require any additional information please feel free to visit our website at www.CheapAfricaTours.com or www.GoedkopeAfrikaReizen.nl

This document consists of the following details:

A: All the necessary information you need to know before travelling

B: Full tour itinerary

C: Optional activities with rates.

A: Basic information:

1. DEPARTURE POINT

The 12 Day "Best of Kenya and Tanzania Tour starts from the Hotel La Mada at 18h00 on the first day and ends back at the city centre or Hotel La Mada in the afternoon, at around 15h00. Please confirm should you need pre or post tour accommodation at the Hotel La Mada.

Please note that we strongly advise against flying out on the day that the tour ends. We and our partners will not be held responsible for missed flights on this day. We generally travel long distances and late arrivals are common.

Hotel La Mada
Thika Road, Nairobi.
Tel (+254-20) 856 1041 or 856 1598.
Nairobi Town

2. ACCOMMODATION

PRE and POST tour accommodation can be arranged at the Hotel la Mada in Nairobi, either directly or via us. Details can be found on our website under "Hotels and Transfers". The Hotel la Mada is located within close proximity to Nairobi's city centre in a secure, serene and conducive environment; they offer fully serviced en suite bedrooms. Amenities include a restaurant, swimming pool, laundry, gift shop, etc.

ACCOMMODATION ON TOUR:

Please note that linen will be provided at Hotel La Mada, BUT you will need a sleeping bag and pillow for the rest of the tour.

Batteries can be charged from a 220 volt source on: Pre night in Nairobi

Currency exchange opportunities on tour: Arrival at Nairobi Airport, Day 6

Limited Laundry facilities: Hotel La Mada (Essential washing only)

Internet facilities: Locally in Nairobi

3. TRANSFERS

Please note we do not offer transfers from the Nairobi Airport to the Hotel La Mada. Clients can take a taxi (they are readily available). Clients should not pay more than USD 25.00 for a taxi and should negotiate a price before getting in.

Please use a taxi from the airport rather than the airport bus, as petty theft is common.

4. DAY TOURS

Day tours to various locations can be arranged for you by the Hotel La Mada staff on your arrival in Nairobi

5. TRAVEL DOCUMENTS

Please ensure that you are in possession of valid travel documents for all the countries, (Kenya – Double entry and Tanzania,) that you will visit. If you have any queries in this regard, please do not hesitate to contact us. Although we will endeavour to assist, we do not accept any liability or obligation for your travel documents. Please ensure that you have proof of further travel arrangements if you do not have a Kenyan- passport, permanent residency permit, work permit or study permit. Please ensure that your passport is valid for at least 6 months after the end of your tour.

Telephone numbers:

High Commission of Tanzania in Pretoria, South Africa is: (012) 342 4393

High Commission of Kenya in Pretoria, South Africa is: (012) 362 2249

Or visit:

Kenya Tourism at www.tourism.go.ke

Tanzania Tourism at www.tanzaniatouristboard.com

Make two photocopies of valuable documents such as your passport, tickets and visas. Keep one copy with you in a separate place to the original and leave another copy with someone at home.

6. WEATHER CONDITIONS

Please note that East Africa weather conditions vary tremendously from season to season. During summer months temperatures of up to 40°C can be experienced. During the winter months of June, July and August the nights are very cold, temperatures may drop well below 0°C - although the day temperatures will be pleasant at around 20°C. Please take weather conditions into consideration when choosing a sleeping bag for your tour. Please note that the wet season is during the months of February to May.

7. FOREIGN CURRENCY

Your money should be taken in a combination of cash and travellers cheques in US Dollars. Major credit cards can be used for expenses such as restaurant meals, etc. Please do not rely on credit cards, as most of the places we visit on this tour will not have the facilities to deal with them. Please ensure that you have a certain amount of cash in a major currency in small denominations. Counterfeit currency is a problem and high denomination notes are often treated with suspicion. The US\$ cash has to be printed after 2004 (big heads). On this tour the overland truck has safe-keeping facilities for extra cash/flight tickets/passports.

8. INSURANCE

It is compulsory that all passengers make arrangements for adequate travel insurance to financially safeguard against unforeseen circumstances. If you need further information please do not hesitate to contact us. We and our partners do not accept responsibility for any loss, injury, damage, accident, fatality, delay or inconvenience experienced whilst on tour. You will be required to complete and sign a full indemnity prior to tour departure.

9. CLOTHING & PERSONAL EFFECTS

Herewith a recommended guide of what to bring along:

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| **Backpack / Barrelbag / Soft Suitcase | Torch / Flashlight / batteries |
| Sleeping Bag & Small Pillow | Toiletries |
| Sport Shoes / Sneakers | Sun Cream |
| Sandals | Insect Repellant |
| Long Trousers / Tracksuit | Mosquito Net (Optional) |
| Shorts | Malaria Prophylaxis |
| Waterproof Windbreaker | ***Refreshments |
| Jersey / Jumper | Money (Sundry expenses, gratuities) |
| T-Shirts / Shirts | Camera, Binoculars |
| Socks & Underwear | Books (Birds, Mammals etc.) |
| Swimming Costume & Towel | Pen |
| Hat | Passport / Visas (if applicable) |
| Water Bottle | Smaller day pack |
| Personal iPod | |

* A camping bed for each guests will be supplied while on tour. (L=205; W=73; H=51)

** Luggage should be limited to a maximum of 15kg's

HARD SUITCASES ARE NOT SUITABLE!!

*** Refreshments can be purchased en-route on the first day of the tour, and at regular intervals throughout the tour.

10. HEALTH PRECAUTIONS & REQUIREMENTS

A Yellow Fever vaccination is compulsory and you will need to present proof at border posts. Strongly recommended additional vaccinations are Polio, Tetanus, Typhoid, Meningitis and Hepatitis A. Malaria prophylaxis is essential. Please consult with your general practitioner regarding this. Resistant strains of Malaria occur in all the countries we will visit and adequate chemo-prophylaxis is essential.

Prevention is better than cure; please use insect repellent on exposed areas after sunset. Malaria is a very common ailment in Africa; however adequate preventative measures greatly reduce the risk of contracting the disease.

On tour there will be a first aid box for use in emergencies, however we recommend that you bring along your own basic supply of medication, headache tablets etc.

11. MEALS AND REFRESHMENTS

Meals are provided as indicated in this document/website. Soft drinks, bottled water and alcohol are for your own expense; obviously there is ample opportunity during the tour to buy refreshments. The guide will advise when you need to stock up for a couple of days. Drinking water will be available on the truck, please note that this is not bottled water.

12. PERSONAL EXPENSES

A reasonable amount of personal spending money must be brought on our tours. This is to cover own expense meals, snacks, sundry goods purchased - such as batteries, suntan cream etc., all bottled water, alcohol and soft beverages, curios, optional extra excursions, airport tax, transfers and tips. In Africa it is common courtesy to tip casual help for services rendered. In the case of your guide, if you were happy with his or her services, an amount of R50 per day per person would constitute a reasonable tip.

13. GROUP SIZE (Max 17)

Group size varies from 4 – 17.

14. ON SAFARI

The Nairobi to Nairobi overland tour is an arduous journey that is only suitable for people of ages 18 - 55 and requires a certain level of fitness. On certain days of this safari long distances are travelled on poor roads, so be prepared to spend time in the vehicle on these days. This tour requires participation in all aspects of the tour. This entails assisting with the preparation of food, washing of dishes, keeping the truck clean and the setting up of camp. Participation is an essential ingredient of this safari; all participants will be expected to assist with chores around the campsite.

Please keep in mind that flexibility and an open mind will greatly contribute to an enjoyable safari. We are travelling in developing countries, please do not expect the punctuality you have come to expect in first world countries. Things do not always run according to plan; however, we do endeavour to run according to itineraries as best as possible.

B: Itinerary: Best of Kenya and Tanzania | 12 days | Camping

OVERVIEW:

On the 12 day Kenya and Tanzania Safari Tours the aim is to take you to some of the most famous national parks in Africa. Now you can see all the wild animals and locations as you see them on the Discovery Channel and National Geographic.

We also visit some of the lesser known highlights of Kenya and Tanzania. This overland adventure tour offers a great combination of safaris, nature and culture.

Route: Nairobi to Nairobi

Accommodation: 10 nights camping, 1 night hotel

Included highlights:

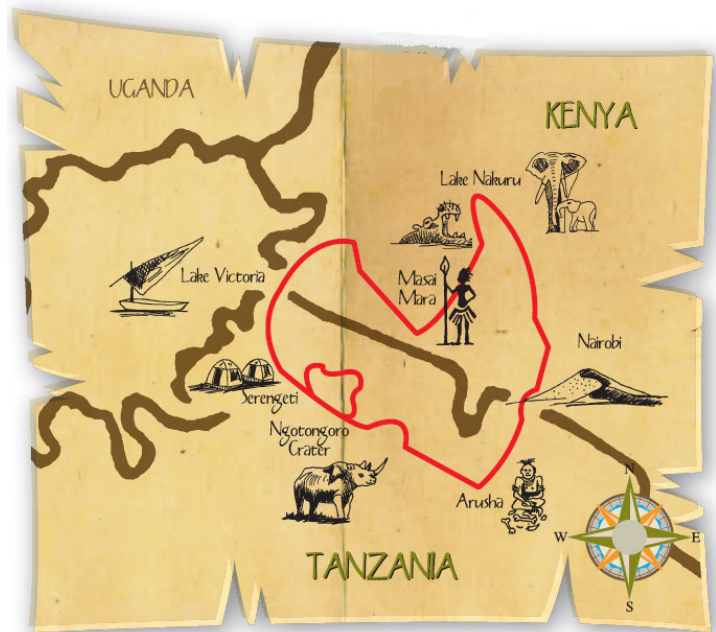
- Nairobi
- Great Rift Valley
- Mount Longonot
- Hells Gate
- Guided Walks
- Lake Naivasha
- Masai Mara
- Lake Victoria
- Serengeti National Park
- Ngorongoro Crater
- Masai Village
- Arusha

Optional activities:

Masai Village: USD 25 pp

Primitive Cultural Village Tour: USD 10 pp

Hot air balloon flight Masai Mara: USD 450 pp



Please note: Rates are subject to change

Day to day description

Day 1: Nairobi

Arrive in Nairobi and meet at our hotel in the heart of this bustling city. For clients arriving early, there are a variety of optional tours and excursions on offer – these can be arranged on arrival at the Hotel. At 18h00 we conduct a pre-tour briefing before enjoying an own expense dinner at a local restaurant. The Kenya and Tanzania Safari Tours depart and end in Nairobi.

Meals: Dinner at own expense

Day 2: Great Rift Valley & Mount Longonot

Leaving the city behind us, we travel north, climbing continually to the lip of the escarpment from where we will enjoy a fantastic view of the Great Rift Valley. After a short stop to enjoy the views, we make our way down the Rift Valley escarpment to visit the Mount Longonot Volcano. This afternoon we have time for a hike in Mount Longonot National Park where we have an incredible view over the whole escarpment, with the chance of viewing some wildlife along the way. A packed lunch will be provided for the hike.

After enjoying the majestic scenery the Rift Valley has to offer, we take a short drive to our campsite situated on the shore of Lake Naivasha to set up camp, relax and enjoy dinner around the campfire.

Meals: Breakfast, Lunch, Dinner

Included highlights/activity: Great Rift Valley, Mount Longonot, hike in National Park

Day 3: Hells Gate National Park & Lake Naivasha

We enjoy breakfast in camp before starting a day filled with activities. We start by travelling the short distance to the famous Hells Gate National Park, where we have the opportunity to explore the high basaltic cliffs of the park with the chance of seeing zebra, giraffe, buffalo and other species of antelope found in the park. (Guests have the option to explore the park on bicycle).

After our trip down into the gorge, we make our way back to camp for lunch followed by a boat cruise on Lake Naivasha to find hippo and the numerous bird species that inhabit the area.

We finish the day with a relaxed drive to Elsamere, the former home of George and Joy Adamson, for afternoon tea and to gain some insight into their fascinating lives. In the late afternoon we return to camp for a sumptuous braai (BBQ)

Meals: Breakfast, Lunch, Dinner

Optional activities: mountain bike trip in Hells Gate

Included highlights/activity: guided hike in Hells Gate National Park, Lake Naivasha boat cruise

Day 4: Masai Mara

Today we traverse through some of Kenya's finest wilderness, using lesser known roads, we will pass numerous Masai villages on the way. We spend the next two nights in comfortable accommodation along the banks of the Mara River on a private concession adjacent to the renowned Masai Mara National Park. We conduct extended game viewing trips (looking for wild animals) in this area.

Meals: Breakfast, Lunch, Dinner

Included highlights/activity: Masai Mara Conservancy, Game drives and/or walks

Day 5: Masai Mara

Early this morning we depart on a full day of extensive game driving (safari). The Masai Mara is well known for its large herds and ever-present predators. Lunch today will be a picnic on the banks of the Mara River, known for its huge crocodiles and hippo population. We return to our Lodge for the night and enjoy the beautiful scenery surrounding us.

Meals: Breakfast, Lunch, Dinner

Included highlights/activity: Masai Mara Conservancy, Mara River, Full Day game viewing experience

Day 6: Lake Victoria

Leaving the Masai Mara behind us, today we enter Tanzania and then descend toward the shores of Africa's largest lake, Lake Victoria. This Lake forms part of the Great Rift Valley and provides a livelihood for the many locals that fish its waters. We will spend some time here before we enjoy an own expense dinner at a local restaurant. Camp the night at the water's edge.

Meals: Breakfast, Lunch

Included highlights/activity: Lake Victoria, Tanzania

Day 7: Serengeti National Park

Today we enter what is arguably the world's most acclaimed wildlife sanctuary, the Serengeti National Park. This Park with its huge concentrations of plains game, numerous predators and prolific birdlife all resident on the seemingly endless grass and acacia covered plains epitomizes Africa's

game parks. We will traverse the Park west to east doing extensive game drives, and will spend a night at the active Seronera campsite.

Meals: Breakfast, Lunch, Dinner

Included highlights/activity: Serengeti National Park, Extensive Game Viewing Experience

Day 8: Serengeti National Park

Rising with the African sun we prepare for a full day of exploring the park. We spend as much time as possible on safari in the park and our guide will take time to explain the behaviour and habits of the animals we encounter. With regular comfort breaks and a picnic lunch, we make this most out of our day in this fascinating park. Tonight we setup camp in the park and enjoy a delicious meal prepared by the guide.

Meals: Breakfast, Lunch, Dinner

Included highlights/activity: Serengeti National Park, Full Day Game Drive

Day 9: Serengeti - Ngorogoro

After an extensive morning safari, we leave the Serengeti and enter the Ngorongoro Conservation area. Here you will witness the spectacle of the Masai tribal people herding their cattle amongst the wildlife, still living their customary lifestyle as they have for centuries. Tonight we will camp at the renowned Simba camp on the edge of the Ngorongoro crater. The views from the camp are spectacular.

Meals: Breakfast, Lunch, Dinner

Included highlights/activity: Masai Tribal People, Ngorongoro Crater

Day 10: Ngorogoro - Masai Village

It will be an early start as we set off at first light. We make the daring descent into the Ngorogoro Crater in our smaller 4x4 safari vehicles and here we explore this marvel of nature with its sheer walls and fertile plains. With the possibility to view almost all of Africa's mammals, including the rare Black Rhino at close range in open plains, this has to be the finest game viewing available.

Returning to Simba camp, we enjoy lunch before exiting the park and descending the escarpment to our camp. Here we camp for the night amongst the Masai people in an established village.

Meals: Breakfast, Lunch, Dinner

Included highlights/activity: 4x4 Safari inside the Ngorongoro crater, Masai Encounter

Day 11: Arusha

We wake up to the bustling noise of village life and after breakfast we make our way towards Arusha, the town at the foothill of the beautiful Mount Meru. Here we will spend the afternoon exploring this lively town and its local markets. Tonight we will enjoy an own expense meal at a local restaurant.

Meals: Breakfast

Included highlights/activity: Arusha, local markets

Day 12: Transfer to Nairobi

After breakfast we set off to complete the circle back to Nairobi. (On occasion we may use the shuttle bus to transfer clients.) This road travels through some spectacular scenery and on a clear day offers stunning views of the mighty Mt. Kilimanjaro, Africa's highest mountain. En-route to Nairobi city,

the transfer will pass via the airport to facilitate clients who are flying out today. Clients staying on in Nairobi or continuing their travels will be taken into the city centre.

Meals: Breakfast (Lunch at own expense)

IMPORTANT INFORMATION

To best enjoy this tour it should be approached with an open and flexible mentality. Road, weather, or other unforeseen conditions may necessitate changes to the itinerary and clients should be prepared for this. A sleeping bag, towel and pillow are required for this tour.

Visas for both Kenya and Tanzania are required by most nationalities, these are the client's own responsibility and you are advised to pre-arrange these with the respective authorities.

Seasonal precautions against Malaria are advisable.

The recommended currency for this tour is the US Dollar and notes in small denominations should be brought along for expenses not included.

A small daypack is advisable.

Our price includes transport - Nairobi to Nairobi, accommodation, entry fees, Park fees, permits, group equipment, professional guides, and most meals. Drinks, bottled water, curio's, tips, taxes, visas, and optional excursions are for the client's own expense.

Before departure clients will be required to enter into an agreement pertaining to our booking conditions and general information.

Clients are required to have their own comprehensive personal travel insurance.

C: Optional activities:

Major credit cards can be used for expenses such as restaurant meals, etc. Please do not rely on credit cards, as most of the places we visit on this tour will not have the facilities to deal with them. Please ensure that you have a certain amount of cash in a major currency in small denominations. Counterfeit currency is a problem and high denomination notes are often treated with suspicion. The US\$ cash has to be printed after 2004 (big heads).

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|-------------------------|---|
| Lake Naivasha: | Boat Trip - \$15 - 2.5 hours including an island walk |
| Masai Mara: | Primitive Cultural Village Tour: \$5 p.p. |
| Lake Manyara Cycling: | \$15 p.p. for 2 hours |
| Hot Air Balloon Flight: | This flight can be done over the Serengeti or Masai Mara at approximately US\$475.00 p.p..This trip includes a champagne breakfast, game drive from camp and a one hour hot air balloon safari. |

Please note that these activities are weather dependant and prices are subject to change

Enjoy your adventure of a lifetime!