

Information guidelines

All information provided in this document is subject to change without prior notice. Please ensure that you have received the latest version of this dossier as we are continually striving to improve the standards and quality of our tours and itineraries are subject to change. Travel times and campsites can change depending on road or weather conditions, or any unforeseen circumstances. These are used as a guideline only. On this tour, camping and accommodated clients will be travelling together with a maximum number of participants of 20. On our longer tours it is possible that your crew, truck and fellow travellers will change due to our unique tour linking system.

Partaking in an adventure tour in Africa involves covering hundreds if not thousands of kilometers in a truck, and our tours are as much about this journey as they are about the destinations we visit. Use your time in the truck to talk to your fellow travellers, play card games, have a drink, walk around, take note of the world passing by your window and make the most of this unique opportunity to step out of your comfort zone.

Some roads you travel on will be smooth and easy while others could take up to an hour to cover one kilometer. There is just no telling what could happen with road, weather, traffic and other conditions that may exist that will either increase or decrease the amount of time you spend on the road so take your watch off, put your iPad away, turn off your phone and just relax. An average day could take anything from 5 to 14 hours in the truck, it all depends on the day... and that's only an "average".

In this tour dossier you see an indication of a distance to be covered on a particular day. Please don't assume that your travel time will be equal to that which you can travel in your car on the autobahn... no, it will be much, much slower. We will stop for shopping, bathroom breaks, photo stops, activities and a whole lot more. If you are looking to only experience specific destinations and are not interested in the journey, perhaps adventure touring is not for you.

As circumstances change in the destinations that we visit, our tour dossiers do change from time to time as we constantly improve our offering based on feedback about these changes that we receive from our guests and guides on tour. Please ensure that you download this dossier again within a week of your tour departing to ensure that you have all of the correct information regarding the tour.

Did you receive your Pre Departure Information Booklet?

If not, please contact us and we will e-mail it to you - alternatively you can also download the document from our website at www.CheapAfricaTours.com or www.GoedkopeAfrikaReizen.nl

About this tour

Departure Point

This tour departs at **07:00 am** from Belvedere Estate corner George and Belvedere road, Glen Austin Midrand, Tel: 079 510 6705 – www.belvedereestate.co.za

Please ensure you arrive at the departure point **at least 30 minutes before** the scheduled departure time.

End Point

Cape Town City centre: 39 Castle Street, Corner of Castle street and Burg Street, Cape Town, South Africa.

Countries Visited

South Africa, Swaziland, Lesotho

What's included

Meals as indicated on the itinerary (unless otherwise specified, all meals are prepared and served at the Overland truck), accommodation, registered guides and transport. We also include some of the highlights. These highlights are listed below in the day-by-day descriptions as "included highlights".

What's excluded

All items of a personal nature, alcohol, soft drinks, snacks, souvenirs, tips, activity package and optional activities (see list for an indication of prices).

Vehicle

Overland Truck

Climate

The African sun is very strong. Please use a factor 30 sunscreen and wear a hat. You should drink at least 3 litres of water per day to avoid dehydration. It can also get very cold during winter months on this route. Please see Pre Departure Booklet for detailed information.

Pre and Post Tour Accommodation

If you require accommodation before or after your tour we can arrange this for you. We can also arrange airport transfers. For more information, have a look on our website under "Hotels and Transfers"

Arrival/ Departure

Please be sure to arrive at least 1 day before your tour is due to depart. This will help avoid any unforeseen problems. We also highly recommend that you book your flights to depart at least one day after the tour officially ends.

I Want More

This tour will give you a good taste of what Southern Africa has in store for you. However, you can extend your adventure by adding more tour options... such as our 20 day Cape Town to Vic Falls tour (or shorter sections thereof).

Insurance (Compulsory)

All clients require adequate Medical Insurance. Activity providers can refuse participation of activities, if the correct valid Medical Insurance is not provided.

Currency and Banking

As your tour may pass through multiple countries, we have prepared information on the use of local and foreign currencies, ATMs and Credit Cards for each country. This information is available on our website under FAQ (frequently asked questions).

Health

Please inform us of any pre-existing conditions such as diabetes or asthma and any prescription medicine you may be taking. We also need to know about any food allergies or physical disabilities that you may have.

Vaccinations

A Yellow Fever Certificate might be required for this tour depending on your nationality. Please see the Pre-Departure Information booklet for detailed information on vaccinations in Africa.

Visas

As visa requirements vary considerably from country to country and nationality to nationality, please contact the various embassies or a visa service agent in your home country to re-check your visa requirements at least 4 weeks prior to travelling. Please note that visas are the responsibility of the traveller and that ShapShap Travel and its partners will not be held responsible for guests being denied entry should they not be in the possession of the relevant visas.

All travellers must be in possession of a valid onward/return air ticket or proof of other means of transport enabling the traveller to leave the country in which your adventure tour passes or terminates. You should also have proof of sufficient funds (e.g. credit card) to see you through your time in the country. Should the adventure tour you are joining be re-entering a country, be sure to have a multiple entry visa that enables you to re-enter the country.

In some cases visas are available on entry into a country and may be cheaper to do so, however for peace of mind and to speed up the border crossing process, ShapShap Travel will always advise you to get your visas prior to your trip if possible.

Malaria

Malaria prophylactics are required throughout this route.

Accommodation providers

Accommodation providers are subject to change without notice, the accommodation listed in this dossier is our preferred supplier, but sometimes due to availability, we are unable to make use of the property listed in this dossier. If we cannot use the accommodation provider as listed we will substitute another property of similar standards, however, en-suite facilities are not always guaranteed.

Activity Package

This is an **optional payment** that covers what we consider to be 'essential activities' on our tours. Ideally we would include all of these, but not everyone can afford this. This payment is 100% transparent and is listed below. The best option is to pre-book and pay for the whole Activity Package when you book your tour. You can also book and pay for these activities while on tour, but it will be subject to availability and you will have to carry all that cash around with you.

Activity	Price
Cape Town cultural township tour	R 580
Cheese and wine tasting	R 70
Cango Caves basic tour	R 140
Graaff Reinet historical tour	R 360
Hluhluwe safari (game drive)	R 760
St Lucia boat cruise	R 440
4x4 Safari (game drive) in the Kruger National Park	R 800
	R 3 150

This itinerary has been written with the Activity Package items included. If you wish to participate in all the activities listed, you will need to purchase the Activity Package.

Detailed itinerary

Day 1 – Greater Kruger National Park

Leaving the city of Johannesburg behind us we make our way east through the coalfields of Mpumalanga. Our journey today follows in the footsteps of the old trade-routes to the Lowveld and the Kruger National Park. This afternoon there will be an opportunity to join an optional Sundowner Drive, booking is essential and your guide can assist on departure this morning.

Accommodation Nkambeni Reserve <http://www.nkambeni.com>

Facilities **Accommodated:** Two per Permanent Tent with En-suite Bathroom

Camping: Campsite with Shared Ablutions

Please visit the website of the accommodation provider for a full list of the facilities offered.

Route Johannesburg to Nkambeni Reserve

Optional Activity Sundowner Drive (Subject to Availability)

Day 2 - Kruger National Park

Rising early this morning we enter the Kruger National Park to enjoy a full-day of game viewing (game = wild animals). The abundance of wildlife presents us with opportunities for excellent sightings and the Kruger is also home to the famed members of Africa's Big-5. Truly the flagship of the South African national parks, Kruger is home to an impressive number of species: 336 trees, 49 fish, 34 amphibians, 114 reptiles, 507 birds and 147 mammals. Our activity package offers the added excitement of experiencing the park from an open-sided 4x4 vehicle. This evening there is a second opportunity for the optional Sundowner Drive.

Accommodation Nkambeni Reserve <http://www.nkambeni.com>

or Timbavati Safari Lodge <http://www.timbavatisafarilodge.com>

Facilities **Accommodated:** Two per Permanent tent with En-suite Bathroom

Camping: Campsite with Shared Ablutions

Please visit the website of the accommodation provider for a full list of the facilities offered.

Route Kruger National Park

Activity Package Kruger National Park 4x4 game drive (safari)

Included Activity Game drive (safari) in overland truck

Day 3 - Kruger National Park

While those who elect to do the optional morning walk will have an earlier start, we set out a little later today and travel the short distance to the Panorama Route. Strung along the escarpment that divides the central plateau and low-lying bushveld of the Kruger, the sights of the Panorama route offer us a day of scenic delights. We will visit the highlights of Bourke's Luck Potholes, the Three Rondavels and God's Window before returning to camp in the late afternoon.

Accommodation Nkambeni Reserve <http://www.nkambeni.com>

or Timbavati Safari Lodge <http://www.timbavatisafarilodge.com>

Facilities **Accommodated:** Two per Permanent tent with En-suite Bathroom

Camping: Campsite with Shared Ablutions

Please visit the website of the accommodation provider for a full list of the facilities offered.

Included Highlight Panorama Route - Bourke's Luck Potholes, Blyde River Canyon, God's Window

Optional Activity Morning Bush Walk (Subject to Availability)

Day 4 - Swaziland to Mlilwane Wildlife Sanctuary

We start the day early with some traditional coffee and rusks before setting off through Kruger on our way to Swaziland. Our truck offers an excellent platform for game viewing as we make our way south. We exit the southern end of the park and travel the short distance to Swaziland border, our route this afternoon winds through the mountains and forests of this landlocked kingdom. Our destination for today is the Ezulwini Valley just south of the capital Mbabane.

Accommodation Mlilwane Wildlife Sanctuary <http://www.mbuluzigamereserve.co.sz>

or Mbuluzi Game Lodge <http://www.biggameparks.org/mlilwane/>

Facilities **Accommodated:** Two per Room with En-suite Bathroom

Camping: Campsite with Shared Ablutions

Please visit the website of the accommodation provider for a full list of the facilities offered.

Route	Kruger to Mlilwane
Included Activity	Game Drive in Kruger National Park (in our overland truck)
Border Post	South Africa: Jeppes Reef, Tel: + 27(0)13 781 0382, Open: 07h00-20h00 Swaziland: Matsamo, Tel: +268 323 2137, Open: 07h00-20h00

Day 5 - Isimangaliso, Greater St Lucia

Situated in the Ezulwini Valley, which translates to "valley of heaven", the Mlilwane Wildlife Sanctuary is Swaziland's oldest reserve and covers 4,560 hectares. As the reserve has no large predators we will enjoy a morning hiking amongst the game that roams the plains. Should you prefer there are a range of optional activities offered by the reserve and you could enjoy a game drive, mountain biking or a visit to the Chief's traditional village. This afternoon we continue south into the reaches of Zululand, once the realm of the mighty King Shaka who united the Zulu clans. This evening we are treated to a cultural experience where we will learn more of the Zulu traditions and language.

Accommodation	Shonalanga http://www.shonalanga.net
Facilities	Accommodated: Two per Room with En-suite Bathroom Camping: Two per Room with En-suite Bathroom <i>Please visit the website of the accommodation provider for a full list of the facilities offered.</i>

Route	Mlilwane to St. Lucia
Included Highlight	Nature Walk in Mlilwane, Zulu Cultural Evening
Optional Activity	Mountain Biking, Swazi Cultural Excursion or Morning Game Drive
Border Post	South Africa: Golela Border Post, Tel: +27(0)34 435 1070 Open: 07h00-22h00 Swaziland: Lavumisa Town Board, Tel: +268 20 790 93, Open: 07h00-22h00

Day 6 - Hluhluwe – Imfolozi Game Reserve

We set out early this morning for a game drive in the nearby Hluhluwe-Imfolozi Game Reserve, one of the last strongholds of the endangered Rhinoceros. The reserve has played a critical role in the preservation of these endangered animals, both Black and White Rhinoceros occur in the park and many populations owe their ongoing existence to animals that have been raised here. While Rhinoceros are the most famous of the park's inhabitants, the park also provides a home to many other species, including the Big-5 that we all hope to see. Returning to our lodging for a siesta, we freshen up for an afternoon boat cruise on St Lucia estuary.

Accommodation	Shonalanga http://www.shonalanga.net
Facilities	Accommodated: Two per Room with En-suite Bathroom Camping: Two per Room with En-suite Bathroom <i>Please visit the website of the accommodation provider for a full list of the facilities offered.</i>

Activity Package	Game Drive in Hluhluwe-Imfolozi National Park, St. Lucia Boat Cruise
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Day 7 - Durban

Durban has long been the favourite holiday destination for South Africans, the golden mile with its warm seas and safe swimming beaches attracts visitors throughout the year. This afternoon we have time to spend on the beaches of the golden mile. Tonight we enjoy a dinner out and an opportunity to sample the Indian influenced dishes that have become a hallmark of Durban cuisine.

Accommodation	Garden Court South Beach Hotel: http://www.tsogosunhotels.com/garden-court/southbeach/pages/overview.aspx#.VRPTWeFix-0
Facilities	<p>Accommodated: Two per Room with En-suite Bathroom</p> <p>Camping: Two per Room with En-suite Bathroom</p> <p><i>Please visit the website of the accommodation provider for a full list of the facilities offered.</i></p>
Route	St. Lucia to Durban
Optional Activity	Dinner out in town

Day 8 - UKhahlamba Drakensberg Park

A lazy morning offers the chance for a final swim or stroll along the beach before we leave the coast behind us, our destination is the mountains of the Drakensberg. Running the length of the Kwazulu-Natal province, the Ukhahlamba Drakensberg Park is a UNESCO recognised world heritage site. Whether you go by the Zulu name uKhahlamba, meaning 'barrier of spears', or the Afrikaans name Drakensberge, meaning 'dragon mountains', these towering mountains will be our backdrop for the next two nights. On our way we make a stop at the scenic Howick Falls and a visit to the nearby site that marked the capture of South Africa's most famous man. In 1962, police waved down a car on a lonely stretch of road, they arrested Nelson Mandela who would go on to serve 27 years in prison before eventually becoming the president of South Africa in 1994.

Accommodation	Monks Cowl: http://www.goodersonleisure.co.za/gooderson-monks-cowl-golf-resort
Facilities	<p>Accommodated: Two per Room with En-suite Bathroom</p> <p>Camping: Campsite with Shared Ablutions</p> <p><i>Please visit the website of the accommodation provider for a full list of the facilities offered.</i></p>
Route	Durban to Drakensberg
Included Highlight	Visit to the Mandela Capture Site, visit Howick Falls

Day 9 - UKhahlamba Drakensberg Park

We set out this morning for a day of hiking to explore the mountains of the Drakensberg, along our way we will have the opportunity to view examples of San rock art with a local guide. While we encourage everyone to make the most of the day in mountains, we may offer separate options depending on the activity level of the group. With a number of trails available we can ensure that we cater to every need, the most important aim is to ensure everyone enjoys this mountain paradise at their own pace.

Accommodation	Monks Cowl: http://www.goodersonleisure.co.za/gooderson-monks-cowl-golf-resort
Facilities	<p>Accommodated: Two per Room with En-suite Bathroom</p> <p>Camping: Campsite with Shared Ablutions</p> <p><i>Please visit the website of the accommodation provider for a full list of the facilities offered.</i></p>
Included Highlight	Hike with your guide in Ukhahlamba-Drakensberg Park

Day 10 - Lesotho – Malealea

Our journey today begins with a mountain pass and an opportunity to visit a Vulture restaurant where we hope to view these fascinating birds. Our route winds its way through the magnificent

cliffs off the Golden Gate National Park before we enter Lesotho in the afternoon, we pass the capital city of Maseru as continue the climb to our base high amongst the mountain peaks.

Accommodation	Malealea Lodge: http://www.malealea.com
Facilities	Accommodated: Two per Room with En-suite Bathroom Camping: Campsite with Shared Ablutions <i>Please visit the website of the accommodation provider for a full list of the facilities offered.</i>
Route	Drakensberg to Malealea Lodge
Included Highlight	Drive through Golden Gate
Border Post	South Africa: Maseru Bridge, Tel: +27 (0) 51 924 4300, Open: 24hrs Lesotho: Maseru Bridge, Tel: +266 22 313 796, Open: 24hrs

Day 11 - Lesotho – Malealea

The clean air of the mountains accompanies us this morning as we explore the mountains on foot, our hike concludes with a village visit and the opportunity to gain insight into the community that calls these mountains home. The Basotho are famous for their traditional hats, blankets and their sturdy ponies. Basotho ponies are renowned for their surefootedness in the mountains and you have the opportunity of an optional pony trek this afternoon to experience this first-hand

Accommodation	Malealea Lodge: http://www.malealea.com
Facilities	Accommodated: Two per Room with En-suite Bathroom Camping: Campsite with Shared Ablutions <i>Please visit the website of the accommodation provider for a full list of the facilities offered.</i>
Included Highlight	Morning hike, Lesotho Village Visit
Optional Activity	Pony Trekking, Additional Hiking Options

Day 12 - South Africa – Graaff Reinet

Returning to South Africa, we descend the mountains and take aim across the Great Karoo. The semi-arid Karoo represents the heartland of rural South Africa and presents a stark contrast to the mountains we leave behind. Our overnight stop is set in the historic town of Graaff-Reinet, the fourth oldest town in the country. We cross the mighty Orange (Gariep) River today as we journey through the vast countryside of the Karoo. This evening you will have the opportunity to join an optional sundowner excursion to the Valley of Desolation, this unique valley offers a panoramic view over the town and the wide open plains stretching out below.

Accommodation	Profcon Resort: http://www.profconresort.co.za/
Facilities	Accommodated: Two per Room with En-suite Bathroom Camping: Campsite with Shared Ablutions <i>Please visit the website of the accommodation provider for a full list of the facilities offered.</i>
Route	Malealea to Graaff Reinet
Optional Activity	Valley of Desolation sundowner tour
Border Post	Lesotho: Vanrooyenshek, Tel: +27 51 583 1525, Open: 06h00-22h00. South Africa: Vanrooyenshek, Tel: +27 51 583 1516, Open: 06h00-22h00

Day 13 - Greater Addo Elephant National Park area

We are joined this morning by a local guide who will introduce us the historical highlights of Graaff-Reinet, with one of the highest concentrations of monuments the town offers a charming insight into the history of the land. Setting course for the coast once again, we roll through the open plains of the Karoo and the wildlife charms of the Addo National Park.

Accommodation	Kudu Ridge Lodge: http://www.kuduridge.co.za
Facilities	Accommodated: Two per permanent tent with En-suite Bathroom Camping: Campsite with Shared Ablutions <i>Please visit the website of the accommodation provider for a full list of the facilities offered.</i>
Included Highlight	Afternoon game drive (safari) in Addo National Park (overland truck)
Route	Graaff Reinet to Addo
Activity Package	Graaff Reinet Historical Tour

Day 14 – Greater Addo Elephant National Park area

Famed for the elephants after which the park was named, recent expansion has seen Addo grow to become the third largest of South Africa's National Parks. The unique vegetation of Addo supports a wide variety of wildlife and we will spend the afternoon in search of the animals that call Addo home.

Accommodation	Kudu Ridge Lodge http://www.kuduridge.co.za
Facilities	Accommodated: Two per permanent tent with En-suite Bathroom Camping: Campsite with Shared Ablutions <i>Please visit the website of the accommodation provider for a full list of the facilities offered.</i>
Included Highlight	Afternoon game drive in Addo NP (in the overland truck)

Day 15 - Tsitsikamma National Park

Setting out early this morning we game drive through the Addo National Park before turning west to Tsitsikamma, where the wonders of the Garden Route await. We make a brief visit to the surfing mecca of Jeffreys Bay, most famous for its waves this little town is also home to a small Surfing Museum. Our final destination is the Tsitsikamma region where we set up for the next two nights.

Accommodation	Accommodated: Tsitsikamma Village Inn: http://www.tsitsikammavillageinn.co.za/
Facilities	Camping: Tube 'n Axe: http://tubenaxe.co.za/ Accommodated: Two per Room with En-suites Bathroom Camping: Campsite with Shared Ablutions <i>Please visit the website of the accommodation provider for a full list of the facilities offered.</i>
Included Highlight	Morning game drive in Addo in overland truck, stop in the surfing town of Jeffreys Bay

Day 16 – Tsitsikamma National Park

Tsitsikamma National Park is one of South Africa's premier marine reserves and this morning we set out to explore the rugged coastline on foot. Our hike along the Waterfall Trail sees us cover the first section of the world renowned Otter Trail, this is not an easy hike and those who prefer a more

leisurely option can make use of the boardwalks to the Storms River Mouth. For the adventurous the Waterfall Trail offers a spectacular winding path that follows the rocky coastline, an out and back trail we stop for a refreshing swim at the base of an icy Waterfall. For those who wish to get a birds-eye view of the magnificent forests an optional zip line tour through the canopy is offered this afternoon.

Accommodation	Accommodated: Tsitsikamma Village Inn: http://www.tsitsikammavillageinn.co.za/ Camping: Tube 'n Axe http://tubenaxe.co.za/
Facilities	Accommodated: Two per Room with En-suites Bathroom Camping: Campsite with Shared Ablutions <i>Please visit the website of the accommodation provider for a full list of the facilities offered.</i>
Included Highlight	Tsitsikamma National Park entrance/ beer tasting at Tsitsikamma Village Inn brewery
Optional Activity	Treetop Canopy Tours

Day 17 - Heart of the Garden Route

The Garden Route is a treasure trove of beautiful beaches, forest walks and an exciting menu of optional adventures. While our morning is set aside for an exploration of Nature's Valley, this beautiful village offers us a chance to enjoy a hike or simply relax on the pristine beach in this paradise. We end the afternoon on the beautiful beaches of the Keurbooms Lagoon. Today offers a number of optional activities and your guide will assist you with a plan to get the most out the day, the truck will run a set schedule of pick-ups and drop-offs giving you the freedom to join or leave at the places of most interest to you. We celebrate our adventures with dinner out on the town this evening.

Accommodation	Dunes Lodge: http://www.plettenbergbayinfo.co.za/accommodation/selfcatering/dunes.html OR Fairy Knowe Hotel: http://www.rgfp.co.za/fairyknowe.co.za/
Facilities	Accommodated: Two per Room with En-suite Bathroom Camping: Two per Room with En-suite Bathroom <i>Please visit the website of the accommodation provider for a full list of the facilities offered.</i>
Route	Tsitsikamma to Plettenberg Bay
Included Highlight	Morning Visit to Natures Valley and Afternoon at Leisure on Keurbooms Beach
Optional Activity	Bungee Jumping, Birds of Eden, Monkey Town, Dinner out

Day 18 - Oudtshoorn

This morning the adventurous can join a number of optional activities on offer in the resort town of Plettenberg Bay, the winter months (July to November) offer some of the finest Whale Watching in the world and an ocean safari is not to be missed during these months. For those less inclined to adventure on the high seas, the morning can be spent at leisure on the beach or exploring this holiday town. This afternoon we cross the Outeniqua Mountains as we wind our way to the Klein Karoo, we end the day with a visit to the impressive formations of the Cango Caves, we join a guided tour as we venture underground into this sprawling network of limestone caves.

Accommodation	Kleinplaas Holiday Resort: http://www.kleinplaas.co.za
Facilities	Accommodated: Two per Room with En-suites Bathroom

Camping: Campsite with Shared Ablutions

Please visit the website of the accommodation provider for a full list of the facilities offered.

Route Plettenberg Bay to Oudtshoorn

Activity Package Cango Caves Heritage Tour

Optional Activities Ocean Safari, Township Tour, Sea Kayaking and Whale Watching (in Season)

Day 19 - Oudtshoorn to Paarl

Our first stop this morning is an Ostrich Farm where we undertake a guide tour to learn more about the world's largest birds. Travelling through the valley of the Klein Karoo, we follow the winding tarmac of Route 62. Road trips in South Africa are an exploration of the rural highlights that dot the lesser known byways of the land, no journey would be complete without sampling the offerings of a "Padstal" along the way. These small farm stalls offer a selection of homemade treats and bakes and are an important cog in the economies of rural towns. One of the more quirky highlights today is Ronnie's Sex Shop, not a sex shop at all, but a rather interesting country pub! Our day ends with a celebratory dinner out.

Accommodation Le bac Estate: <http://lebac.co.za/>

Facilities **Accommodated:** Two per Room with En-suite Bathroom

Camping: Two per Room with En-suite Bathroom

Please visit the website of the accommodation provider for a full list of the facilities offered.

Route Oudtshoorn to Paarl

Included Highlight Ostrich Farm Tour, Stop at Ronnie's sex shop

Optional Activity Dinner

Day 20 - Paarl – Cape Town

Cape Town is not only set in one of the most scenic parts of South Africa, but offers a wide variety of attractions and highlights. We will gain a unique insight into the city when we join a local guide for a Cultural Tour. We Sample some of the fine Cape wines and spend some time exploring the town of Stellenbosch. To allow for Sundays and Public Holidays the order of events may be reversed today, the tour will however always end in Cape Town in the afternoon.

Accommodation Own arrangements / post tour accommodation can be booked through us

Route Paarl to Cape Town

Activity Package Cape Town Cultural Tour & Cheese and Wine Tasting

Included Highlight Self-Guided Walk through Stellenbosch

Optional Activity Lunch

More optional activities which can be booked on this tour

There are more optional activities being created every day – we have listed only the most popular. If there is something specific you would like to do then speak to your guide as they will be able to assist you if possible.

Country	Area	Activity	Guideline
South Africa	Tsitsikamma	Blackwater Tubing (Half Day)	R540 - R610
South Africa	Tsitsikamma	Treetop / Canopy Tour	R580 - R800
South Africa	Tsitsikamma	World Highest Bungee Jump	R900 - R1100
South Africa	Tsitsikamma	Bridge Walking Tours	R130 - R200

Lesotho	Malealea	Pony Trekking excursion(Waterfall Trek)	R470 - R550
Lesotho	Malealea	Pony Trekking excursion(Bushman Painting)	R400 - R500
Lesotho	Malealea	Pitseng Day Hike	R220 - R250
South Africa	Durban	Dinner at local restaurant	R100 - R250
Swaziland	Mlilwane NP	Rhino Game Drive (Min 2 x Clients)	R220 - R280
South Africa	Greater Kruger	Morning Bush Walk excl Conservations fees	R830 - R950
South Africa	Greater Kruger	Evening Game Drive excl Conservation fees	R605 - R800
South Africa	Addo	Sunset Game Drive excl Conservation fees	R440 - R700
South Africa	Addo	Evening Game Drive excl Conservation fees	R350 - R650
South Africa	Graaff Reinet	Valley of Desolation Tour (excl SANP parkfee)	R360 - R450
South Africa	Graaff Reinet	Valley of Desolation Sundowner Tour (excl SANP parkfee)	R390 - R480
South Africa	Johannesberg	Dinner at local restaurant	R100 - R250

More about this tour

MEALS ON TOUR

Breakfast: As breakfast is served very early in the morning (if there is driving or activities to be done) it is a simple but filling breakfast: Tea and coffee, breads and spreads, cereals, yoghurts, fruits and on occasion, when there is time for a later breakfast, guides will serve a hot breakfast of scrambled eggs, porridge, bacon or beans.

Lunch: Lunch is generally served at a picnic spot next to the road en route to a destination. As the guides only have approximately 45 minutes to get everyone off the truck, prepare lunch and then get everyone back on the truck again, lunches consist of sandwiches and salads (rice salad, pasta salad, tuna salad and green salad) which are quick and easy to prepare but which are quite filling. Guides have meal plans which they should stick to, to ensure that there is variety on a day to day basis.

Dinner: This is when the guides get time to prepare a delicious meal and they focus on a substantial protein, vegetable and carbohydrate dinner. We serve traditional cuisine consisting of braais (BBQ), potjie (stew), bobotie (mince), spaghetti and fish and chicken dishes. All meals (on both accommodated and camping tours) that are included as per the dossier are prepared at the full service adventure truck. This is a unique adventure in itself where you get to dine under the stars with your new found friends and experience the real sights and sounds of Africa!

TIPPING ON TOUR

Southern Africa: In general tipping in restaurants is expected and is around 10% for good service, more if you have received exceptional service, and, feel free not to tip at all if you received poor service. Tipping taxi drivers etc is really at your own discretion and not always expected. If in doubt please ask your guides. It is expected to tip porters and car-guards etc. Ask your guides how much is appropriate in local currency.

Our guides do work hard but they are also paid at (and often above) industry levels for this work. Our Crew can be tipped if you feel that they have done a good job and/or gone above and beyond the call of duty. The best way to arrange tips is to elect one person in the group to collect the money. We recommend USD1-2 (or about R10-R20) per day per person, per guide as a fair tip. So if you have 3-crew on a tour, we would recommend that 3 envelopes are used and each crew member's name written on one. Place what you feel is fair into each envelope and the elected

person can give these to the crew at the end of the tour. If you do not feel that the crew deserve a tip, please, do not tip them. You must remember that tipping is only for exceptional service and is not at all compulsory or expected.

Countries visited

South Africa

South Africa is one of the most popular tourist destinations in Africa, as it offers truly magnificent views and has an abundance of activities to enjoy. This Southern African country is rich with culture and traditions; with every citizen having a unique heritage, culture and story to tell. Here, guests will find themselves enchanted with a unique vibrancy and absorbed in the freedom of every citizen. The combination of the beauty of the landscape and friendly nature of the locals makes South Africa a truly inspiring and exciting country to explore.

Since the 17th century and the arrival of its very first settlers, South Africa has been claimed, to be one of the most beautiful destinations in the world. Not only is the weather warm and mild throughout the year, but locals and visitors enjoying an endlessly beautiful scenery and diversity in landscapes. Undoubtedly, South Africa's main attractions are its beautiful mountain and coastal views, however its cities also attract more than enough tourist attention.

In 2010, South Africa hosted the FIFA Soccer World Cup, putting on an incredible show and proving themselves as one of the world's leaders in the hospitality industry. Guests were made to feel welcome and encouraged to participate in local celebrations and enjoy the sights of each region; a factor which surely contributed to the Mother City of South Africa, Cape Town, being voted by TripAdvisor to be the most desired tourist destination in the world.

Among South Africa's other top attractions is Johannesburg (The City of Gold), Durban (a surfer's paradise), Port Elizabeth (the friendly city), the Garden Route and the Kruger National Park. A trip through this stunning country will show you just how far it's come since the days of Apartheid and will showcase the diversity, vibrancy and freedom which makes South Africa a pleasure to visit today.

Swaziland

From the moment you enter the Swazi Kingdom, the landscape changes around you and there is no mistaking as to why the Swazi King fought so hard to gain independence of his pristine mountains, rainforest and valleys in this landlocked country. Originally inhabited by the hunter gatherer khoisan people, Swaziland became popular to the Bantu tribes of East Africa and the powerful Nguni (Xhosa, Zulu and Swazi) tribe occupied this area during the Bantu expansion (migration of tribes due to increased use of iron, agricultural development and the more prevalent use of ceramics).

Interestingly, in September 1968, Swaziland proclaimed its independence after being ruled by the United Kingdom as a British High Commission Territory for almost seventy years which meant that it was one of the last colonies to be ruled by Britain on the African mainland.

On our tours, the majority of our time is spent in the magnificent Big Five Game Parks, Mlilwane Wildlife Sanctuary (South African Explorer) and Hlane Royal National Park (Discover Mozambique).

Mlilwane is situated in the North West of the country in the Ezulwini Valley (otherwise known as the Valley of Heaven). It is Swaziland's most popular reserve as it was a pioneer conservation area and due to this, ensured the survival of many endemic species to the area. We spend our time in the Southern end of the park where you will see Nyonyane Mountain, an exposed granite peak, known as "execution rock". Pay close attention to your guide when he tells you about this area – the tales of witchcraft make for excellent bedtime stories... if you're not afraid of the dark.

Hlane also has an interesting story of its own. Before it was opened to the public, it was a hunting ground for royalty. It is now Swaziland's biggest and most diverse and abundant National Park and if you want to see a rhino – this is where you'll have one of the best chances to do so!

One of Swaziland's most popular and spectacular annual ceremonies is the Reed Dance, held in August or September each year. Thousands of young woman congregate at the Queen Mother's village to provide tribute labour for the Queen Mother and to preserve their virginity. They arrive with bundles of reeds for the Queen and some of them bring their bush knives as a symbol of their virginity. The women dress in traditional clothing and perform dances for the royal family and other onlookers.

Lesotho

Lesotho is a landlocked country that is surrounded by South Africa. Also known as the Kingdom of Lesotho, the Land of our Fathers, and the Kingdom in the Sky, this is a nation submersed in tradition and culture. It's famous for its beautiful mountain passes, small communities and wildlife. Due to its altitude, Lesotho remains cool throughout the year with snow covering many of its peaks and mountain passes. Undoubtedly, this nation is most popular with tourists wishing to lose themselves in the beauty and tranquillity of the outdoors.

The Kingdom of Lesotho has hardly been affected by the hands of man; in fact it's probably the Southern African nation which lives closest to its traditional ways and values. The country's capital of Maseru is its largest city, providing jobs and a more modern lifestyle to a large portion of the 2 067 000 people who call this country their own. 75% of the population who lives outside of the capital can be found in small communities, many of them still living in their traditional mud huts and can only be reached by foot or horseback.

Exploring Lesotho is an experience some of the world's most avid hikers dream of experiencing. Not only will you meet with truly beautiful sights, endless mountain ranges and come across historical villages and rock art, but as they'll have miles and miles to explore on their own, without a sign of human life or technology to turn their thoughts back to the "real world". Their mountain passes are also popular amongst ambitious and professional cyclists wishing to train.

Enjoy your adventure of a lifetime!